



YOTE NOTES – October 15, 2009

C of I Sports Information Director – Mike Safford Jr.
(208) 459-5681
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SPORTS RELEASE

This Week's Event Schedule

10/16	Volleyball vs. Corban	7 p.m.
10/17	XC at Idaho State	10 a.m.
	Softball Alumni Game	11 a.m.
	W Soccer vs. E. Oregon	1 p.m.
	Swimming at Whitman	1 p.m. PT
	Volleyball vs. NW Christian	7 p.m.
10/20	Volleyball vs. NW Nazarene	7 p.m.

Upcoming Events

11/6	WBB at NW Nazarene	7 p.m.
11/8	San Francisco Alumni Event	
11/10	MBB vs. NW Nazarene	7 p.m.
12/11-13	Catchers Only Camp	

Live Video

Throughout the 2009-10 season, a Live Video feed of all C of I volleyball, men's basketball, and women's basketball home games will be available for free through Penn Atlantic.

Access the games online via www.pennatlantic.com.

Live Stats

Throughout the 2009-10 season, Live Statistics of all C of I volleyball, men's basketball, women's basketball, and softball games will be available live via the C of I athletic website. Click on the Live Stats icon on the respective team's homepage to keep up with the action.

ATHLETIC NEWS:

BASKETBALL SEASON TICKETS TO GO ON SALE NEXT WEEK: College of Idaho men's and women's basketball season ticket renewal mailings will arrive in mailboxes next week, according to Director of Athletic Marketing, Dave Hahn. Season ticket prices have remained the same this season, \$110 for reserved seats, \$80 for general admission seats – which secure a ticket to all home games, including both men's basketball tournaments and the 2009 Lady Yote Classic. For more information, contact Hahn at 459-5835.

R.C. OWENS AND FRIENDS TO HOST EVENT IN SAN FRANCISCO: The C of I Alumni Office will be hosting a Bay Area event in conjunction with the San Francisco 49ers-Tennessee Titans football game at Candlestick Park in San Francisco, Calif., on Nov. 8. The day will begin with a Tailgate Party, hosted by FedEx – which will include a meet-and-greet with C of I Hall of Famer and former 49er, R.C. Owens, followed by the game. For more information on tickets for both the Tailgate Party and the football game, contact The C of I alumni office at 459-5770.

SOFTBALL ALUMNI GAME SET FOR SATURDAY MORNING: The annual C of I softball alumni game is set for this Saturday morning at Symms Field – with first pitch set for 11 a.m. For more information or to RSVP, contact head coach Al Mendiola at 459-5113.

IDAHO PRESS TRIBUNE FEATURES C OF I/NNU SPORTS BLOG: Fans of C of I athletics can share their thoughts on the Yotes as part of the Idaho Press Tribune's College of Idaho/Northwest Nazarene Sports Blog. Beat writer Mike Stetson shares his thoughts and stories, along with pictures and videos, on both the Yotes and Crusaders, with fans having the ability to leave their thoughts on their favorite team. The blog is linked on the front of The C of I athletic website or can be visited at <http://www.idahopress.com/blogs/?blogid=6>.

DONATE TO THE COLLEGE OF IDAHO ATHLETIC ASSOCIATION: Click here to make your tax deductible gift to assist the CIAA with post-season championships team travel, scholarships and recruiting - https://www.collegeofidaho.edu/media/_secure/makeagift.asp



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VOLLEYBALL: Mendiola looks for 200th win Friday night as No. 8 Lady Yotes open three-game homestand vs. Corban

2009 Schedule and Results

Date	Opponent	Time/Result
8/28	! Concordia-Irvine	L 3-2
	! Lewis-Clark State	W 3-2
8/29	! Northwest	W 3-0
	! Great Falls	W 3-0
9/4	* Northwest Christian	W 3-0
9/5	* Corban	W 3-0
9/11	* Oregon Tech	W 3-0
9/12	* Southern Oregon	W 3-2
9/18	* Warner Pacific	W 3-0
9/19	* Concordia	W 3-0
9/25	* Eastern Oregon	W 3-2
9/29	Northwest Nazarene	W 3-1
10/2	* Northwest	W 3-0
10/3	* Evergreen State	W 3-0
10/9	* Southern Oregon	L 3-2
10/10	* Oregon Tech	W 3-0
10/16	* Corban	7 p.m.
10/17	* Northwest Christian	7 p.m.
10/23	* Evergreen State	7 p.m. PT
10/24	* Northwest	7 p.m. PT
10/30	* Eastern Oregon	7 p.m.
11/6	* Concordia	7 p.m.
11/7	* Warner Pacific	7 p.m.
11/13-14	CCC Tournament	TBA
11/21	NAIA Opening Round	TBA
12/1-5	NAIA Championships	TBA

Home Games in Bold

- * Cascade Conference Game
- ! Comfort Inn Tournament (Lewiston, ID)
- PT Pacific Time

Cascade Conference Standings

School	CCC	Overall
Southern Oregon	10- 1	16- 2
College of Idaho	10- 1	14- 2
Concordia	8- 2	11- 6
Eastern Oregon	7- 4	9- 7
Corban	6- 5	8-12
Northwest	5- 6	6-14
Warner Pacific	3- 7	7- 9
Oregon Tech	3- 8	4-15
Northwest Christian	1-10	6-14
Evergreen State	1-10	1-19

LAST WEEK: at No. 12 Southern Oregon (L 3-2), at Oregon Tech (W 3-0)

COMING UP: vs. Corban, Friday, 7 p.m.; vs. Northwest Christian, Saturday, 7 p.m.; vs. Northwest Nazarene, Tuesday, 7 p.m.

LIVE VIDEO/LIVE STATS: All three matches this weekend will have live video and live statistics available. The live video stream will be available free of charge at www.pennatlantic.com, while the live stats can be accessed at <http://yotestats.i8.com/vball/xlive.htm>.

LOSS DROPS LADY YOTES TO NO. 8 IN NAIA POLL: The Lady Yotes fell two spots to No. 8 in the latest NAIA Top-25 Coaches Poll, released this week, following the tough five-set loss at Southern Oregon. The C of I earned 522 voter points – as Azusa Pacific (Calif.) and Georgetown (Ky.) moved past the Coyotes. Fresno Pacific (Calif.) holds down the No. 1 spot, followed by Cal Baptist, Concordia (Calif.), Columbia (Mo.), and Northwestern (Iowa). SOU, fueled by their win over the Yotes, climbed three spots to No. 12, while two other C of I opponents were in the poll – No. 23 Lewis-Clark State and Eastern Oregon, which is receiving votes.

HOLD TITLE DESTINY IN THEIR HANDS: Following the weekend, The C of I and Southern Oregon sit deadlocked atop the Cascade Conference standings with identical 10-1 records. If the two teams win out, the Lady Yotes would win the tiebreaker – as long as they do not lose more than four sets along the way. Tiebreaker scenarios are even (head-to-head, sets won vs. lost head to head, record vs. teams in descending order) up until the fourth tie-break, sets won percentage – as the Lady Yotes are 32-7 this season in CCC sets (.821), while SOU is 32-12 (.727). The CCC regular-season champion plays host to the CCC Postseason Tournament, Nov. 13-14.

NATIONAL PICTURE: If the Lady Yotes can maintain their Top-10 ranking, they will be in position to qualify for the NAIA National Tournament for the fourth time in five years – regardless if they win the CCC Tournament title. In fact, if they remain in the Top-10, The C of I would be in position to earn automatic seeding at the NAIA Final Site in Sioux City, Iowa, avoiding an Opening Round play-in game on Nov. 21.

MACHUREK NAMED SETTER OF THE WEEK: C of I setter **Madie Machurek** (Eagle, Idaho / Eagle HS) was named CCC Setter of the Week for the third time this season, announced Monday by the league office in Portland, Ore. The junior was instrumental in both Coyote matches - including a tough five-set loss at No. 12 Southern Oregon. Playing in a 6-2 set, Machurek had a team-high 30 assists, along with seven digs in the defeat, but helped the Yotes rebound on Saturday at Oregon Tech with 24 assists and eight digs.

CCC WIN STREAK SNAPPED AT 27: With the loss on Friday night, the Lady Yotes saw their 27-match CCC win streak snapped – dating back to September of 2008. It was their second-longest win streak in conference play, as the Yotes won 31-straight matches between November of 2005 and October of 2007. The longest CCC win streak was by Concordia, which won 66-straight matches from 1999-02.

LOOKING FOR THEIR 40TH STRAIGHT CCC HOME WIN: Each time the Lady Yotes take to the floor in the J.A. Albertson Activities Center in league play, they will be looking to extend a school-record 39-game CCC win streak at home. The squad has not lost a league tilt at home since September of 2005, recording an undefeated mark at home each of the last three seasons (9-0 in 2006 and 10-0 in both 2007 and 2008). Overall, the Yotes have won 53 of their last 54 home matches – and have an all-time record of 146-37 in the facility, including a 94-13 record in the Activities Center under head coach **Liz Mendiola**.

MENDIOLA CLOSING IN ON 200: With the win at Oregon Tech, head coach Liz Mendiola has her next milestone victory in sight – No. 200. The ninth-year head coach has recorded 199 career wins and would join an elite group of coaches in The C of I 200-win club fraternity (Tim Mooney, Marty Holly, Shawn Humberger, Clem Parberry, Babe Brown, John Calpin).

ABOUT CORBAN: The Lady Yotes open their homestand on Friday night, hosting **Corban College**. The Warriors (8-12, 6-5 CCC) have played well of late, winning three in a row – and took a set from The C of I in early September. Corban is led by a trio of young hitters – Morgan Hirzel (2.49 k/s, 0.61 b/s), Chandra Baskoro (2.31 k/s, 3.65 d/s, 22 aces) and Tiffany Land (2.22 k/s, 0.62 b/s, while Karissa Calderon (5.70 a/s, 0.51 b/s) is the primary setter, with Rebecca Franke (4.60 d/s) one of the better defensive specialists in the league. It is the 37th meeting between the teams, with the Coyotes holding a 26-10 all-time series edge, including nine in a row.

ABOUT NORTHWEST CHRISTIAN: Saturday, **Northwest Christian** makes a trek to Caldwell, riding a two-game win streak. The Beacons (6-14, 1-10) wins this season have come against opponents with a combined 6-58 record – including a victory against Multnomah on Tuesday where NCU held its opponent to two points in a set. The Eugene, Ore., school is led offensively by Cassie Bishop (3.01 k/s, 3.00 d/s, 26 aces) and Emily Miller (2.43 k/s, 21 aces), while libero Mercedes LeClaire (4.84 d/s) is among the league leaders in digs. It is the sixth meeting between the schools, with the Lady Yotes holding a 5-0 series edge.

CANYON COUNTY CLASH, PART TWO: After an outstanding match between the two Canyon County schools last month, the LadyYotes and **Northwest Nazarene** play a rematch in Caldwell next Tuesday. The NCAA Division II Crusaders (12-8) are coming off a pair of five-set road matches, winning at Western Washington, but losing at Seattle Pacific. NNU is led by a pair of talented hitters, Lindsay Grant (3.49 k/s, 4.10 d/s) and Cammy Dranginis (3.05 k/s, 0.99 b/s), with setter Eki Punimata (5.41 a/s, 2.17 d/s, 31 aces) a very good server, with Haley Hevern (5.52 d/s) a solid libero. The C of I won the first match-up in four sets, as the two teams combined for nearly 200 digs – as the Yotes extended their win streak over their rivals to six matches. It is the 84th meeting between the clubs, with the Yotes holding a 44-36 series edge.

RECORD BOOK: Four players currently are in the Top-10 in the Coyote career record book. Leading the way is **Kristin Henning** (Boise, Idaho / Boise HS), who is No. 3 all-time with 457 blocks and No. 10 in kills (884), while **Kathryn Ely** (La Grande, Ore. / La Grande HS) ranks third all-time in kills (1,343). Rounding out the list are the two setters, as Madie Machurek is No. 5 (1,679) and **Naomi Reimer** (Killarney, Man. / Killarney SS) is No. 7 (1,199) in assists.

CCC LEADERS: As a team, the Lady Yotes lead the CCC in digs per set (16.90) kills per set (12.86), assists per set (12.05), and lowest opponent attack percentage (.080), ranking second in the league in attack percentage (.225) and blocks per set (2.48). Individually, four different C of I players are among the CCC's top-five, including two players leading the league in their respective categories. **Whitney Owen** (Caldwell, Idaho / Vallivue HS) leads the loop in digs per set (5.63), with **Marcella Hernandez** (Torrance, Calif. / El Camino CC) leading the league in aces per set (0.56), while ranking No. 4 in blocks per set (1.02). Kristin Henning ranks second in the loop in blocks per set (1.25) and is third in hitting percentage (.292), Rounding out the group is Madie Machurek, who is second in the league in assists per set (7.40).

CUMULATIVE STATISTICS:

##	STATS SUMMARY	ATTACK					SET		SERVE			DIG			BLOCKING							
		G	K	K/G	E	TA	Pct	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	Total	B/G	BE	BHE	
5	ELY, Kathryn	51	144	2.82	55	392	.227	1	0.02	0	0	0.00	11	31	0.61	1	24	25	0.49	1	1	
9	REIMER, Naomi	38	100	2.63	41	256	.230	179	4.71	11	23	0.29	4	81	2.13	1	14	15	0.39	3	9	
3	FOX, Ciciley	38	93	2.45	30	236	.267	4	0.11	9	4	0.24	5	53	1.39	1	15	16	0.42	1	0	
15	LINK, Jessie	58	127	2.19	46	342	.237	1	0.02	0	0	0.00	0	17	0.29	7	40	47	0.81	4	0	
11	HENNING, Kristin	59	123	2.08	32	312	.292	4	0.07	0	3	0.00	0	21	0.36	16	58	74	1.25	3	0	
10	HERNANDEZ, Marcella	48	86	1.79	42	218	.202	9	0.19	27	11	0.56	0	32	0.67	8	41	49	1.02	10	0	
7	BOURGEAU, Lauren	35	41	1.17	31	146	.068	0	0.00	0	0	0.00	0	16	0.46	1	14	15	0.43	4	0	
1	MACHUREK, Madie	57	29	0.51	2	54	.500	422	7.40	10	22	0.18	0	143	2.51	0	7	7	0.12	1	5	
20	CURTIS, Madison	16	8	0.50	4	27	.148	2	0.12	0	0	0.00	0	2	0.12	0	8	8	0.50	2	0	
4	LOW, Cassie	3	1	0.33	4	7	-.429	0	0.00	0	0	0.00	0	0	0.00	0	1	1	0.33	0	0	
13	NERES, Nathy	18	2	0.11	2	9	.000	1	0.06	5	4	0.28	4	32	1.78	0	0	0	0.00	0	1	
8	COMBE, Courtney	58	4	0.07	3	27	.037	9	0.16	9	11	0.16	7	122	2.10	0	0	0	0.00	0	0	
6	DRUMM, Stacie	53	1	0.02	0	12	.083	5	0.09	6	6	0.11	10	99	1.87	0	0	0	0.00	0	0	
18	STIEG, Melanie	6	0	0.00	1	2	-.500	2	0.33	2	3	0.33	0	13	2.17	0	0	0	0.00	0	0	
12	OWEN, Whitney	59	0	0.00	0	28	.000	56	0.95	19	13	0.32	14	332	5.63	0	0	0	0.00	0	1	
2	PALMER, Melanie	8	0	0.00	0	0	.000	16	2.00	2	1	0.25	0	3	0.38	0	1	1	0.12	0	0	
	TEAM																					
	COLLEGE OF IDAHO....	59	759	12.86	293	2068	.225	711	12.05	100	101	1.69	73	997	16.90	35	223	146.5	2.48	29	17	
	Opponents.....	59	568	9.63	399	2110	.080	524	8.88	73	93	1.24	100	891	15.10	14	162	95.0	1.61	31	34	

GAME RECAP – SOUTHERN OREGON 3, C OF I 2: Southern Oregon rallied from a two sets to one deficit to end The C of I's 27-match CCC win streak, upending the Lady Yotes, 26-24, 18-25, 16-25, 25-22, 15-13, before a raucous crowd of 1,001 at McNeal Pavilion on Friday night. The win for the Raiders was their sixth-straight overall and their third-straight win over the Yotes in Ashland. The deciding set was a see-saw affair, as SOU jumped out to a quick 6-2 lead, however, the No. 6 ranked Coyotes (13-2, 9-1) tied the set at 9-9 on a Kristin Henning kill, then took a 13-12 lead on a **Ciciley Fox** (Challis, Idaho / Challis HS) spike. The turning point was two points later, as Raider libero Becky Johnstone made a diving dig of a C of I spike - that the Yotes felt hit the floor (and heard a subsequent whistle), Dolores Christensen kept playing and chopped a ball over the net, and after an officials discussion, was awarded a kill - giving Southern match point. The Raiders would force the Yotes into a hitting error to end the match. C of I had two cracks at set point in Set 1, but SOU rallied from 24-22 to score the final four points to take the early lead. Set 2 saw the Yotes use an 8-1 push midway through the period to claim the set, then run off eight-straight points in Set 3 to take the frame. Set 4 was tied at 17-17, before a three-point run, capped by a Sarah Holgen spike, gave SOU the edge. Four Lady Yotes were in double-figure kills, led by Fox with 15 kills and five blocks, with Naomi Reimer adding 11 kills, 28 assists, and eight digs in her first action since missing seven matches with a sprained ankle. Henning had ten kills, while Marcella Hernandez had a career-high ten kills and seven blocks. Madie Machurek had 30 assists and eight digs, with Whitney Owen leading all Yotes with 19 digs. Southern got a game-high 12 kills from Chelsea Hartman, while Angela Spieker led all players with 35 assists. Johnstone recorded 25 digs for the Raiders in the win.

GAME RECAP – C OF I 3, OREGON TECH 0: **Jessie Link** (Tonopah, Nev. / Nicholls State U.) had a match-high nine kills and The C of I combined for 12 team blocks, as the Lady Yotes recovered from a tough loss to defeat Oregon Tech 25-14, 25-18, 25-11 Saturday in Klamath Falls, Ore. With the win, the Coyotes remained tied with Southern Oregon atop the Cascade Conference standings and avenged a three-set loss to the Owls at Danny Miles Court last season. OIT never led in the match, as the Lady Yotes jumped out to a 10-3 lead in Set 1, cruising to the win. The middle frame was tight, with the Coyotes leading 15-13, before a seven-point push gave the visitors the easy win. Set 3 was all C of I, as the Yotes jumped out to a 9-0 lead and were never threatened. Link added four blocks to her team-leading kills, with Naomi Reimer adding seven kills and four blocks, and Kristin Henning adding six kills and six blocks. Madie Machurek had 24 assists and eight digs, with Whitney Owen leading all players with 15 digs. Tech was led by Christine Bansen and Megan Christensen with five kills apiece, but were hurt by 31 attack errors. No OIT player reached double figures in assists or digs.

ABOUT THE COACH: Liz Mendiola is in her ninth season as The C of I head volleyball coach. During her first eight seasons at the helm, the Coyotes have advanced to seven consecutive CCC tournaments, four NAIA regional tournaments, and trips to the NAIA National Championships in 2005, 2006, and 2008. Last season, the squad won their third-straight CCC title, claimed their third-straight CCC Tournament title, won their NAIA Tournament Opening Round match, and advanced to the NAIA Tournament Final Site in Sioux City, Iowa – with Mendiola earning her third-straight CCC Coach of the Year honors, while being ranked as high as No. 9 in the national poll. During her career, she has amassed a record of 199-76, the most wins and highest winning percentage in school history. In 2006, she led the Lady Yotes to their best season in program history, compiling a 35-4 record - earning CCC and NAIA Region I Coach of the Year honors. The Yotes won their first CCC championship in 24 years, becoming just the second school to complete the league schedule without a loss. The Coyotes also captured their second-straight CCC Tournament title, along with their second-straight NAIA Region I Tournament title, before placing ninth at the NAIA Championships – with that team setting a school-record with 22 straight wins. Her 2009 club will take a 35-match CCC home win streak into the season. Mendiola was an assistant for the Coyotes on two separate occasions – from 1995-96 and from 1999-2000, before elevating to head coach. She has also coached club volleyball at Emmett High, for the Treasure Valley Volleyball Club, the Boise River Volleyball Club, and various camps in the Northwest. A native of Jerome, Mendiola graduated from The C of I in 1996 with a degree in elementary education, and taught kindergarten in Nampa before becoming head coach in 2001. A two-year member of the Coyotes, Mendiola set school records for kills per game (4.86) in 1994, and holds the school mark for kills per game in a career (4.46). She earned All-CCC honors following her senior season with the Yotes. Mendiola is married to former Coyote baseball standout and current C of I softball coach Al Mendiola. The Mendiola's have two children, Aleah and Micah.

FOR MORE INFORMATION: For more information on the Coyote volleyball program, head to the official homepage of the Lady Yotes, www.collegeofidaho.edu/athlete/vball.htm.

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SPORTS RELEASE

2009 Schedule and Results

Date	Opponent	Time/Result
8/29	Rocky Mountain	W 2-1
8/30	Great Falls	W 5-2
9/1	Carroll	L 3-2
9/12	Westminster	W 4-0
9/13	Embry-Riddle (Ariz.)	W 1-0
9/16	Northwest Nazarene	W 4-0
9/25	* Evergreen State	W 5-0
9/26	* Northwest	W 4-0
10/2	* Southern Oregon	W 1-0
10/3	* Oregon Tech	W 2-0
10/9	* Northwest Christian	W 4-0
10/10	* Corban	L 3-2
10/17	* Eastern Oregon	1 p.m.
10/23	* Concordia	1 p.m. PT
10/24	* Warner Pacific	Noon PT
10/31	CCC Semifinals	TBA
11/7	CCC Championship	TBA
11/21	NAIA Opening Round	TBA
11/30- 12/5	NAIA Championships	TBA

Home Games in Bold (at Simplot Stadium)

* Cascade Conference Game

PT Pacific Time

Cascade Conference Standings

School	CCC	Pts.	Overall
Concordia	5-0-0	15	13- 1-0
College of Idaho	5-1-0	15	10- 2-0
Corban	4-1-0	12	7- 5-2
Eastern Oregon	4-2-0	12	4- 6-0
Oregon Tech	3-2-0	9	10- 4-0
Southern Oregon	3-2-0	9	5- 7-1
Warner Pacific	1-3-1	4	1- 8-3
Northwest Christian	1-4-0	3	2-11-0
Northwest	0-5-1	1	1- 9-2
Evergreen State	0-6-0	0	1- 7-4

WOMEN'S SOCCER: Lady Yotes close out home schedule Saturday vs. Eastern Oregon

LAST WEEK: vs. Northwest Christian (W 4-0), vs. Corban (L 3-2)

COMING UP: vs. Eastern Oregon, Saturday, 1 p.m.

SIMPLIT STADIUM INFORMATION: To get to Simplot Stadium, the home of College of Idaho soccer, take Exit 29 off I-84 and head south. Turn left on Cleveland Blvd., then left at Indiana Ave. (next signal), and the stadium will sit just ahead of you across Blaine Ave. For non-C of I soccer season pass holders, admission prices are \$5.00 for adults and \$2.00 for students.

BEST START IN SCHOOL HISTORY: With a 10-2 start to the 2009 season, the Lady Yotes have recorded their best start in program history. The 2009 club has eclipsed the 5-1 start to the season by the 2005 team (the 1995 team started 1-1-3 and the 1993 started 4-1). What is impressive is the fact that the Yotes have already won ten games – a feat equaled by only two other C of I teams (including a ten win season in 2002, and the school-record 12 victories last year).

WIN STREAK RECORD SMASHED: Before a Saturday loss to Corban, the Lady Yotes extended their win streak to eight matches, surpassing the school record for consecutive wins. They moved past the 2002 squad, which ran off five-straight wins through late September into early October – on the way to a ten-win season. The 1989 team won their final three games of the season, with the 1990 team opening with two victories.

SHUTOUT STREAK ENDS AT 740 MINUTES: It had to come to an end at some point – as Corban scored a goal in the 20th minute on Saturday afternoon, ending a school record streak for shutouts and consecutive minutes without allowing a goal. The Lady Yotes had recorded eight straight shutouts and hadn't allowed a goal for 740 minutes – dating back to September 1. Twice before, the Lady Yotes had strung four shutouts in a row, while the former record for not allowing a goal was 444 consecutive minutes set in 2005.

LADY YOTES RANKED #30 IN LATEST POLL: The Lady Yotes lost ground for the third consecutive national poll following their loss to Corban, earning a No. 30 ranking in the balloting released on Tuesday. After earning 91 voter points four weeks ago – a new school record, The C of I has fallen to 55 voter points, the fifth team listed in the Others Receiving Votes category. CCC rival Concordia is ranked No. 5. In the CCC rankings, Concordia leads the way, followed by the Yotes, Corban, Oregon Tech, and Southern Oregon. The CCC poll is released on Monday mornings, while the NAIA Top-25 is released each Tuesday afternoon during the season.

OFFENSIVE ATTACK ON RECORD PACE: With three matches left in the regular season, the Lady Yotes are on pace to shatter the offensive record book. The C of I has scored 36 goals this season – just three goals off of the record of 39 set in 2002 (in 21 matches), and two goals behind the 38 goals scored last year (in 20 matches). The team has scored three-or-more goals six times this season – two away from equaling the mark of eight set in 2002.

PLAYOFF PICTURE: With two weeks remaining in the regular season, the Lady Yotes will need to win two of their final three matches (Eastern Oregon, Concordia, Warner Pacific) to secure a spot in the four-team CCC Tournament. The squad is currently in second-place in the CCC standings, and currently holds head-to-head tiebreakers with Oregon Tech and Southern Oregon, who sit in fourth and fifth-place in the ledger. However, because of their loss to Corban, who is a half-game back of the Yotes, The C of I would lose all tie-breaks with the Warriors. The top-two seeds will host semifinal games on Oct. 31, with the highest remaining seed hosting the title game on Nov. 7, with a berth to the NAIA Championships on the line.

ABOUT EASTERN OREGON: The Lady Yotes will rekindle their rivalry with I-84 neighbor **Eastern Oregon** on Saturday afternoon – the only meeting between the two schools in 2009. The Mountaineers (4-6, 4-2 CCC) have rebounded after an 0-4 start to the season to sit in position for a postseason berth – despite opponents having a 2-to-1 edge in shot attempts and a 3-to-1 edge in corner kicks. EOU is led by Tenny Paul-Bowden (6 goals, 2 assists) and Courtney Gaskill (3 goals, 3 assists) offensive, while Allison Seymour (2.31 GAA) has spent the majority of the time in goal. It is the 22nd meeting between the teams, with the Coyotes holding a 13-7-1 series edge.

SENIOR DAY: Saturday will mark the final home match for five senior C of I women's soccer student-athletes. Playing their final home matches will be **Jessica Moon** (Payette, Idaho / Payette HS), **Lauren Winterholler** (Idaho Falls, Idaho / North Idaho CC), **Brittney Hulin** (Eagle, Idaho / Eagle HS), **Mandy Greif** (Payette, Idaho / Payette HS), and **Sadie Hughes** (Courtenay, B.C. / Vanier SS).

CCC LEADERS: As a team, the Lady Yotes lead the CCC in goals per game (3.00), assists per game (2.50), fewest goals allowed (9), and shutouts (8), ranking second in points scored (102), goals scored (36), shots (192), assists (30), goals against average (0.75), and corner kicks (68). Individually, **Erika Mouritsen** (Wellsville, Utah / Dixie State Coll.) leads the loop in five categories – points (21), points per game (1.76), goals scored (10), goals per game (0.83), and game-winning goals (5), while ranking second in shots per game (3.17) and third in total shots (38). **Jessica Ayala** (Eagle, Idaho / Eagle HS) is second in the CCC assists (6) and assists per game (0.5), is fourth in total points (14) and fifth in points per game (1.17). **Kelly Hardegree-Ullman** (Boise, Idaho / Mountain View HS) leads the league in goals against average (0.60), while Sadie Hughes is fourth in the loop in goals against average (0.75). Three others were in the Top-5, as **Jamie Reichel** (Boise, Idaho / Capital HS) is fourth in the league in assists (4) and assists per game (0.4), Lauren Winterholler is third in assists (5) and assists per game (0.42), with **Chelsea Heffner** (Meridian, Idaho / Mountain View HS) fourth in game-winning goals (2), and fifth in both goals (5) and goals per game (0.42).

CUMULATIVE STATISTICS:

##	Name	GP-GS	SHOTS							YC-RC	GW	PK-ATT
			G	A	Pts	Sh	Shot%	SOG	SOG%			
15	MOURITSEN, Erika	12-12	10	1	21	38	.263	23	.605	1-0	5	0-0
17	AYALA, Jessica	12-12	4	6	14	20	.200	12	.600	0-0	0	0-0
9	HEFFNER, Chelsea	12-12	5	3	13	28	.179	17	.607	0-0	2	0-0
23	SMITH, Colleen	12-12	3	1	7	12	.250	6	.500	0-0	0	0-0
2	BIGELOW, Kayla	12-12	3	1	7	9	.333	5	.556	0-0	1	0-0
8	WINTERHOLLER, Lauren	12-12	1	5	7	7	.143	3	.429	0-0	0	0-0
22	CULVER, Taylor	12-12	3	0	6	14	.214	6	.429	0-0	1	0-0
16	REICHEL, Jamie	10-7	1	4	6	12	.083	8	.667	0-0	1	0-0
12	GREIF, Mandy	12-2	2	0	4	12	.167	8	.667	0-0	0	0-0
10	HARDEGREE-ULLMAN, K.	12-6	2	0	4	6	.333	5	.833	0-0	0	0-0
3	EGERMAN, Macy	8-3	1	2	4	11	.091	7	.636	0-0	0	0-0
20	HAWKINS, Justine	12-12	0	3	3	3	.000	0	.000	1-0	0	0-0
7	HUTTASH, Jordan	9-0	1	0	2	5	.200	1	.200	0-0	0	0-0
11	HULIN, Brittney	12-0	0	2	2	5	.000	1	.200	0-0	0	0-0
5	MOON, Jessica	10-0	0	1	1	4	.000	2	.500	0-0	0	0-0
4	OLSON, Kirsten	9-0	0	1	1	1	.000	0	.000	0-0	0	0-0
25	PATTON, Jessica	12-12	0	0	0	3	.000	1	.333	0-0	0	0-0
18	BALL, Anne	8-0	0	0	0	1	.000	0	.000	0-0	0	0-0
13	SMITH, Kaitlyn	3-0	0	0	0	1	.000	1	1.000	0-0	0	0-0
26	MARCH, Maggie	4-0	0	0	0	0	.000	0	.000	0-0	0	0-0
24	HUGHES, Sadie	6-6	0	0	0	0	.000	0	.000	1-0	0	0-0
6	ROONEY, Natasha	3-0	0	0	0	0	.000	0	.000	0-0	0	0-0
Total.....		12	36	30	102	192	.188	106	.552	3-0	10	0-0
Opponents.....		12	9	5	23	98	.092	44	.449	3-0	2	1-1

##	Name	GP-GS	GOAL AVERAGE			SAVES		RECORD			Shots	
			Minutes	GA	Avg	Saves	Pct	W	L	T	Sho	Faced
22	CULVER, Taylor	2-0	90:00	0	0.00	0	.000	0	0	0	0	4
10	HARDEGREE-ULLMAN, K.	6-6	450:00	3	0.60	15	.833	5	1	0	3	39
24	HUGHES, Sadie	6-6	483:00	4	0.75	18	.818	5	1	0	3	47
1	DIAZ, Tracy	2-0	57:00	2	3.16	2	.500	0	0	0	0	8
TM	TEAM		0:00	0	0.00	0	.000	0	0	0	1	0
Total.....		12	1080:00	9	0.75	35	.795	10	2	0	8	98
Opponents.....		12	1080:00	36	3.00	70	.660	2	10	0	0	189

GAME RECAP – C OF I 4, NORTHWEST CHRISTIAN 0: Erika Mouritsen scored her CCC leading tenth goal of the season as The C of I notched their eighth-straight shutout, blanking Northwest Christian, 4-0, Friday at a blustery Simplot Stadium. Fighting a 25 mile-per-hour wind, the Lady Yotes dominated play, holding a 25-3 shot advantage to win their school-record eighth-straight match. The Coyotes got on the board in the 18th minute, as Chelsea Heffner corralled a clearing back from the Beacons defense, eluded keeper Calie McVicker, and flicked home her fifth goal of the year. The C of I would add another in the 33rd minute, as Mouritsen pounced on a long cross from **Kirsten Olson** (Boise, Idaho / North Idaho CC) and slotted it home to make it 2-0. After pitching a shutout in goal in the first half, Kelly Hardegree-Ullman moved to a forward, touching home a goal in the 59th minute off a great cross from Heffner. The Yotes would close the scoring in 68th minute on a score from **Kayla Bigelow** (Boise, Idaho / Timberline HS). NCU did not take a shot in the first half, as the C of I defense clamped down, extending their consecutive minutes streak without allowing a goal to 721. The Yotes had a 5-0 edge in corner kicks, but were whistled for nine offside violations, courtesy of the Beacons offside trap.

GAME RECAP – CORBAN 3, C OF I 2: A pair of goals in the final eleven minutes helped Corban College to a key 3-2 victory over The C of I Saturday afternoon at Simplot Stadium. Erin Laughlin scored the game-winner for the Warriors with just under three minutes to play, snagging a loose ball in the Coyote box and flicking it into the left corner of the net. Katie Hanson got Corban on the board in the 19th minute, lacing a free kick from 20-yards out into the net - ending the Lady Yotes consecutive minutes streak without allowing a goal at 740. However, the Yotes took advantage of eight first half corner kicks for outstanding opportunities, as Jessica Ayala nearly tied it in the 27th minute with a flick that went just high, Brittney Hulin launched a 25-yard strike that Jennifer Bassett had to make a diving save, and a flick in the 32nd minute by Ayala that the Warrior defense cleared off the goal line. The C of I would break through in the 33rd minute, as Lauren Winterholler bent in a corner from the far side to tie the score. Just before halftime, the Coyotes would take the lead, as off another corner, Winterholler served a ball to the far post, where **Colleen Smith** (Boise, Idaho / Boise HS) touched it home for a 2-1 lead. The C of I had multiple breakaway chances in the second half, but could not break Bassett, who had eight saves in the win. The tide would swing in the 77th minute, as Jessica Matthews launched a shot off the crossbar, then drove a rebound shot that forced Coyote keeper Kelly Hardegree-Ullman to make a nice save. Three minutes later, Hanson served up a free kick from the right side, finding Amanda Mendenhall at the far post for the tying goal. The Yotes dominated statistically, holding a 23-12 edge in shots and a 10-2 edge in corners - but saw their school-record eight-game win streak snapped.

ABOUT THE COACH: Niki Taylor is in her fourth season as head coach of The C of I women's soccer program. In her three seasons with the Coyotes, she has completely rebuilt the team into a contender, registering three-consecutive postseason appearances, an appearance in the 2007 CCC Tournament semifinals, and a spot in the 2008 CCC Tournament championship match. For her efforts, Taylor was named 2008 CCC Coach of the Year. She has an all-time record of 37-25-7, with the 35 wins the most by a women's soccer coach at The C of I, with her winning percentage of .577 tops in school history. A graduate of Truman State University in Kirksville, Mo., Taylor was an honorable mention all-conference player for the Bulldogs in 1999 and 2000, helping the squad to an NCAA Division II regional championships. She went on to assist coach Mike Cannon during the 2001 season, helping TSU to the regional finals, then moved West, where she was an assistant for Steve Lucas at Boise State for three seasons. She has also been involved with the Les Bois United Soccer Club for the past six years, while serving as a head coach in the Idaho Olympic Development Program – receiving her USSF "B" Coaching License. She is single and lives in Boise.

FOR MORE INFORMATION: For more information on the Coyote women's soccer program, head to the official homepage of the Lady Yotes, www.collegeofidaho.edu/athlete/wmenssoccer.htm.



SPORTS RELEASE

YOTE NOTES – October 15, 2009

C of I Sports Information Director – Mike Safford Jr.
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2009 Schedule and Results

Date	Opponent	Time/Result
8/31	Whitman	L 2-1
9/12	* + Northwest Christian	W 5-1
9/16	+ Northwest Nazarene	L 1-0
9/19	* Oregon Tech	W 3-2
9/25	* Evergreen State	T 1-1
9/26	* Northwest	W 3-0
10/2	* Oregon Tech	W 2-1
10/3	* Northwest Christian	W 2-1
10/9	* Warner Pacific	L 1-0
10/11	* Concordia	L 3-2
10/23	* Corban	4 p.m. PT
10/24	* Warner Pacific	2 p.m. PT
10/26	* Concordia	1 p.m. PT
10/31	* Corban	2 p.m.
11/6	* Northwest	3 p.m. PT
11/7	* Evergreen State	2 p.m. PT
11/10	CCC Semifinals	TBA
11/14	CCC Championship	TBA
11/21	NAIA Opening Round	TBA
11/30-12/5	NAIA Championships	TBA

Home Games in Bold (at Simplot Stadium)

* Cascade Conference Game
 + at Syringa Middle School
 PT Pacific Time

Cascade Conference Standings

School	CCC	Pts.	Overall
Concordia	7-1-0	21	8- 2-1
Warner Pacific	7-1-0	21	7- 3-0
College of Idaho	5-2-1	16	5- 4-1
Oregon Tech	4-3-1	13	7- 4-1
Evergreen State	3-3-1	10	3- 4-2
Northwest	2-5-0	6	4- 5-2
Corban	1-7-0	3	2- 8-1
Northwest Christian	0-7-1	1	1-10-1

MEN'S SOCCER: Coyotes get the week off after dropped two one-goal decisions at home

COMING UP: Idle until Oct. 23 at Corban (4 p.m. PT)

LAST WEEK: vs. Warner Pacific (L 1-0), vs. Concordia (L 3-2)

TOUGH WEEKEND FOR THE YOTES: Playing their final home matches for a three week span, The College of Idaho men's soccer team suffered a pair of tough one-goal losses to the two teams directly behind them in the Cascade Conference standings – Warner Pacific and Concordia. It marked just the second time in the last 13 years that the Coyotes lost both games at home during a weekend (2007 – vs. Warner Pacific and Concordia). With the two losses, the Yotes now sit alone in third place in the CCC standings, one game ahead of Oregon Tech for the final postseason berth – with six matches to play.

UNBEATEN STREAK BY THE WAYSIDE: The loss to Warner Pacific also ended the longest unbeaten CCC streak by a C of I men's soccer team – 18 games. The last time the Yotes failed to win or tie a league match was against Concordia in the 2007 season finale.

YOTES BOLSTERED BY FRESH BODIES: The Coyotes did look a bit different on the pitch this past weekend, as three players returned to the line-up after extended absences. Junior transfers **Brian Buckingham** (Boise, Idaho / Walla Walla CC) and **Cesar Aguirre** (Carson, Calif. / North Idaho CC) saw action for the first time since the season opener at Whitman, while freshman **Zach Pulkinen** (Minot, N.D. / Minot HS) made his collegiate debut. Aguirre scored his first Coyote goal against Concordia, Buckingham started both matches and played all 180 minutes, while Pulkinen started both matches and was solid Saturday against Concordia as a right back.

CONFERENCE/NAIA POLL: The sixth CCC weekly poll was released on Monday afternoon, with the Coyotes tumbling two spots with their two losses. Concordia reclaimed the No. 1 spot after a week hiatus, followed by Warner Pacific, the Yotes, and Oregon Tech. In this week's NAIA poll, CU received eight voter points. The CCC poll is released each Monday morning, while the NAIA Top-25 is released on Tuesday afternoons throughout the regular season.

CCC STATISTICS: As a team, the Yotes lead the league in attendance this season – drawing over 250 fans a game, while they rank second in goals allowed (13) and third in goals against average (1.27). Individually, four players are ranked in the Top-5 – with **Jesus Lopez** (Nampa, Idaho / Skyview HS) among the leaders in five categories – No. 2 in shots per game (3.56), No. 3 in assists (5) and assists per game (0.56), No. 4 in points per game (1.44), and No. 5 in total shots (32). **Kazuki Murata** (Tokyo, Japan / International Secondary Inst.) is third in the loop in assists (5), fourth in assists per game (0.5), and fifth in shots per game (3.0). Also in the Top-5 is **Aaron Reynolds** (Boise, Idaho / Capital HS), who ranks third in total saves (39), and is fourth in goals against average (1.27), save percentage (.750), and saves per game (3.9), while **Matt Kelly** (Klamath Falls, Ore. / Henley HS) is third in game-winning goals (2).

A REST BEFORE A TOUGH WEEKEND: The Coyotes will not see game action this weekend, earning a bye-week after starting their league slate back in early September. The C of I will need the rest, as next weekend, the squad will play three road games in a four day span – at Corban, Warner Pacific, and Concordia.

CUMULATIVE STATISTICS:

##	Name	GP-GS	SHOTS								YC-RC	GW	PK-ATT
			G	A	Pts	Sh	Shot%	SOG	SOG%				
10	LOPEZ, Jesus	9-9	4	5	13	32	.125	15	.469	1-1	1	0-1	
25	KELLY, Matt	10-7	3	1	7	15	.200	9	.600	0-0	2	0-0	
7	MURATA, Kazuki	10-10	1	5	7	30	.033	10	.333	0-0	0	0-1	
11	GOMEZ, Carlos	8-1	3	0	6	4	.750	3	.750	0-0	0	0-0	
16	SMITH, Drew	8-6	2	1	5	13	.154	6	.462	0-0	0	0-0	
13	VEASY, Zach	10-10	1	1	3	12	.083	7	.583	2-0	0	0-0	
22	BOEHNKE, Mats	9-8	1	0	2	8	.125	3	.375	4-0	1	0-0	
21	BUCKINGHAM, Brian	3-3	1	0	2	7	.143	4	.571	0-0	0	0-0	
12	AGUIRRE, Cesar	3-3	1	0	2	7	.143	5	.714	0-0	0	0-0	
20	WARD, Spencer	9-7	1	0	2	3	.333	1	.333	2-0	0	0-0	
14	FRANDEN, Stephen	7-1	1	0	2	3	.333	2	.667	1-0	1	0-0	
19	RADA, Cristian	6-0	0	1	1	2	.000	2	1.000	0-0	0	0-0	
4	KOBIC, Emir	4-2	0	1	1	0	.000	0	.000	0-0	0	0-0	
2	BYERS, Brad	5-1	0	1	1	0	.000	0	.000	0-0	0	0-0	
9	GRIFFITHS, Brian	10-9	0	0	0	3	.000	2	.667	2-0	0	0-0	
23	PULKINEN, Zach	2-2	0	0	0	2	.000	1	.500	0-0	0	0-0	
18	NEWBOLD, Travis	9-9	0	0	0	2	.000	2	1.000	0-0	0	0-0	
17	COLLET, James	6-3	0	0	0	1	.000	0	.000	0-0	0	0-0	
15	WADDELL, Parker	10-8	0	0	0	1	.000	1	1.000	0-0	0	0-0	
6	COLEMAN, Theodore	2-0	0	0	0	0	.000	0	.000	0-0	0	0-0	
3	LATORRE, Jon	2-1	0	0	0	0	.000	0	.000	1-0	0	0-0	
Total.....		10	19	16	54	145	.131	73	.503	13-1	5	0-2	
Opponents.....		10	13	8	34	110	.118	54	.491	12-0	4	3-3	

##	Name	GP-GS	GOAL AVERAGE			SAVES		RECORD			Shots	
			Minutes	GA	Avg	Saves	Pct	W	L	T	Sho	Faced
0	REYNOLDS, Aaron	10-10	920:00	13	1.27	40	.755	5	4	1	1	108
TM	TEAM		0:00	0	0.00	1	1.000	0	0	0	0	0
Total.....		10	920:00	13	1.27	41	.759	5	4	1	1	108
Opponents.....		10	920:00	19	1.86	54	.740	4	5	1	2	143

RECAP – WARNER PACIFIC 1, C OF I 0: Alija Sacirovic hit a 20-yard drive off the hands off C of I keeper Aaron Reynolds for the game-winning goal with less than six minutes left, lifting Warner Pacific to a 1-0 road victory Friday at Simplot Stadium. Battling a 30 mile-per-hour wind blowing from endline to endline, the Yotes had a pair of great opportunities in the first half - having a Cesar Aguirre goal off a header disallowed by an offside call in the 21st minute, with a Kazuki Murata shot clanging off the crossbar in the 26th minute. WP would pepper the goal in the second half, breaking through on a great through-ball by Julian Esquivel, with Sacirovic lacing the left-footed shot from just outside the box at Reynolds - who slowed the ball down with a dive, but it found the twine for the winner. The Knights held a 13-11 edge in shots and 7-6 edge in corners.

RECAP – CONCORDIA 3, C OF I 2: An early second half goal by Kossivi Alokpovi proved to be difference, as Concordia University toppled The C of I, 3-2, Sunday at Simplot Stadium. After the Yotes took an early 1-0, the Cavaliers added back-to-back first half goals, then got the eventual game-winner from Alokpovi in the 50th minute, taking a feed from Jared Brace after a nice cross from Tyler Camp to make it 3-1. The C of I would not quit, getting within a goal in the 64th minute as Jesus Lopez rocketed a free kick from 25-yards out into the upper left corner of the net. Lopez nearly tied it with 20 minutes left, blasting a 30-yard shot that Cavalier keeper Claudio Lazar made a brilliant diving save. The match got off to a quick start, as the Coyotes jumped out 1-0 in the ninth minute, as Cesar Aguirre took a Lopez cross in front of the goal and slammed home his first counter of the year. CU would counter two minutes later, as Camp touched a nice through-ball to Brace on the left side of the box and placed it into the net to tie the match at 1-1. The Cavs would take the lead for good in the 40th minute, as Mirza Ramic crushed a 20-yard free kick into the upper corner after a C of I foul just outside the box. The contest was even across the board - CU holding a slim edge in shots (17-15) and corners (7-5), with the two teams combining for 31 fouls.

ABOUT THE COACH: Brian Smith is in his sixth season as head coach of The C of I men's soccer team. During his tenure, the Coyotes have posted a 60-32-5 overall record, including CCC co-championships in 2006 and 2008, earning CCC Coach of the Year honors on both occasions. His clubs have won at least nine games in each of his five years, while his 2008 squad became just the second CCC school to complete an unbeaten, untied conference slate and set a school record with 13 consecutive wins. For his efforts, the Coyote skipper was named CCC Coach of the Year. Smith, who helped the Coyotes to a 35-21-1 record as a player for longtime coach, John Calpin, from 1990-93, returned to his alma mater in 2004 after a successful high school coaching career in the Treasure Valley. He coached the Timberline High School boys' team for three years, before taking over the THS girls' program in 2002 – earning Idaho State Coach-of-the-Year honors in 2001 and Southern Idaho Conference Coach-of-the-Year honors in 2003. After earning All-District honors as a player and graduating from The C of I with a degree in political science in 1994, Smith has assisted the Coyote program along with serving as a coach with the Boise National Soccer Club, the Les Bois United Soccer Club, and with the Idaho Olympic Development Program - currently serving as a team coach with Les Bois. Smith is single and resides in Meridian.

FOR MORE INFORMATION: For more information on the Coyote men's soccer program, head to the official homepage of The C of I, www.collegeofidaho.edu/athlete/menssoccer.htm.



SPORTS RELEASE

YOTE NOTES – October 15, 2009

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2009 Schedule and Results

Date	Opponent	Time/Result
9/12	Roger Curran Invite	Men 2nd Women 1st
9/26	Bob Firman Invite	Men 3rd Women DNR
10/3	Montana Invite	Men 3rd Women 3rd
10/17	Idaho State (Dual Meet)	Pocatello, ID
10/22	Coyote Twilight	Caldwell, ID
11/7	CCC Championships	Eugene, OR
11/21	NAIA Championships	Vancouver, WA

CROSS COUNTRY: C of I heads for high-altitude dual at Idaho State

COMING UP: Dual Meet at Idaho State (Women’s 3,000-meters, Men’s 5,000-meters), Saturday, 10 a.m.

LAST WEEK: Idle

YOTES START BUSY TWO WEEK STRETCH AT IDAHO STATE: The assault at high altitude continues for The College of Idaho cross country teams, as the Coyotes head Saturday to Pocatello for their annual dual meet against **Idaho State**. The Bengals have squared off against the Coyote men at the Bob Firman Invitational, defeating C of I by 11 team points, while the women’s teams have not met in 2009. The race will serve as a two-team dual – as it did during the 2007 season in which the Lady Yotes fell to ISU by a single point.

MORE ON THE CENTENNIAL COURSE: Idaho State’s Centennial Course is very unpredictable at 4,600-feet in elevation – as the Yotes have encountered rain, wind, and snow on the loop in the past. Currently, conditions look favorable for a good meet, as temperatures are forecast to be between 50-60 degrees at race time.

ON THE HORIZON: The meet is a short-course dual – serving as a training run for both teams, as the Yotes look ahead to their lone home meet of the season, the Coyote Twilight, a week from Thursday. The meet will be held at Fairview Golf Course in downtown Caldwell and will feature Eastern Oregon, Northwest Nazarene, Boise State, and Treasure Valley CC.

LADY YOTES CRACK TOP-5, YOTES UP TO 15TH: Both C of I cross country teams climbed in last week’s NAIA Top-25 Coaches Polls, as the Lady Yotes became just the second C of I women’s program to reach the Top-5 nationally, as the rankings were released by the national office in Kansas City, Mo. The C of I women climbed one spot to No. 5 in the ranking, earning 602 points, just ahead of No. 6 Malone (Ohio). The Lady Yotes came off a third-place finish in an all-NCAA Division I field at the Montana Invitational. Azusa Pacific (Calif.) is atop the poll, followed by Cal State-San Marcos, Biola (Calif.), Simon Fraser (B.C.), and the Lady Yotes. It marks just the second time that a C of I women’s team has been ranked in the Top-5, joining the women’s basketball team - which was ranked No. 4 in the NAIA on January 16, 2001. One other Cascade Conference team is in the Top-25, Eastern Oregon at No. 17, while Concordia, Northwest Christian, and Southern Oregon all received votes. The Coyote men had a big jump this week, climbing five spots to No. 15 - their highest position of the year. The squad had a solid third-place finish at the Montana Invitational. Joining the Yotes in the poll is No. 2 Southern Oregon, which jumped four spots after winning the Willamette Invitational, and Eastern Oregon, who is at No. 21.

FOR MORE INFORMATION: For more on The C of I cross country program, head to the official homepage of the Coyotes, www.collegeofidaho.edu/athlete/xc.asp.



SPORTS RELEASE

YOTE NOTES – October 15, 2009

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2009-10 Schedule and Results

Date	Opponent	Time/Result
10/17	Whitman	1 p.m.PT
11/21-22	Northwest Invitational	9 a.m. PT
12/4	Linfield	6 p.m. PT
12/5	Lewis & Clark	TBA
1/9-10	Pacific Lutheran	1 p.m. PT
1/30	Pacific	TBA
3/4-6	NAIA Championships	All Day

SWIMMING: Season Preview

COMING UP: at Whitman, Saturday, 1 p.m. (PT)

QUICK 2009-10 SYNOPSIS: Many would look at the 2009-10 swim season at The College of Idaho as a rebuilding year, as both the men's and women's teams lost their top competitors from last season's squad that fared well at the NAIA Championships. However, the return of a quality swimmer on the men's side, along with added depth and solid recruits for both teams, should make for a great year in the pool for the Yotes.

LAST SEASON / SWIMMERS LOST: Last season saw the Coyote men pick up their first dual meet victories in program history, as The C of I notched wins over Lewis & Clark, Willamette, and Pacific – and narrowly falling at Linfield, recording a 3-4 dual record. Seven men's swimmers advanced to the NAIA Championships, with four different Coyote relays scoring at the meet – as the team finished in 16th-place nationally. The key components of the squad were all seniors – John Green (school record holder in 50 and 100-free), Scott Mikelonis (school record holder in 100 and 200-breast), and Jeremy Younggren. The Lady Yotes did not win a dual meet, but scored over 80 points in duals three different times during the season – a program first. Five C of I women competed at the NAIA Championships, but no swimmer or relay advanced to the finals. They will have to replace the top swimmer in the young history of the program – Alphonsina Savell, who holds school records in the 100 and 200-breast and 200 and 400-IM, along with breaststroker Ellen Judd.

ABOUT THE MEN: The Yotes will return a pair of key members of the 2008-09 squad in junior **James Rutter** (Bakersfield, Calif. / Stockdale HS) and sophomore **Kemp Smith** (Boise, Idaho / Boise HS) – Rutter was solid last year in the backstroke, while Smith will specialize in the butterfly. Also returning after a one-year hiatus is **Casey Walker** (Caldwell, Idaho / Skyview HS), who made a big splash in 2007-08, setting school records in the 100 and 200-back, the 200-free, and the 200-IM – qualifying for the NAIA Championships in three different events. The versatile Walker, however, will be concentrating on the breaststroke this season. Three newcomers will look to help the Yotes – especially in dual meets. Freshmen **Lucas Heil** (Pendleton, Ore. / Pendleton HS) and **Nick Young** (Sacramento, Calif. / Burbank HS) will handle distance events, with head coach **Mary Parsons** excited about Heil, "His performances in practice thus far have been outstanding and I expect good things out of him this season." In the sprints, **Nikolai Vidin** (Eastwood, NSW Australia / Epping HS) heads to The C of I after a couple years away from the pool – but had quality times in his native Australia.

ABOUT THE WOMEN: The Lady Yotes will be led by a quartet of returners this season, including senior **Ashlee Byrnes** (Vancouver, Wash. / Fort Vancouver HS), who holds the school record in the 200-fly and has qualified for the NAIA Championships in the event the past two seasons. Locking down the breaststroke will be **Auriana Clapp** (Eagle, Idaho / Meridian HS), who will also be utilized in the sprints. Senior **Ali Cabrera** (Payette, Idaho / Payette HS) returns after qualifying for the NAIA Championships in the 100-free last season. Distance specialist **Annie Younggren** (La Grande, Ore. / La Grande HS) looks for a big year after setting school records in the 200, 500, and 1,650-free last year. A third Younggren in the history of the program should also make waves, as freshman **Chrissie Younggren** (La Grande, Ore. / La Grande HS) will handle the backstroke and IM events for the Yotes.

THE SCHEDULE: Unlike the last few years, the Coyotes will not host a home meet during the 2009-10. They will, however, swim dual meets at five of the eight Northwest Conference (NCAA Division III) schools, along with participating in the Northwest Invitational in November.

WHAT'S AT STAKE: The season will culminate at the 2010 NAIA Championships, to be held March 4-6 at Lindenwood University in St. Charles, Mo.

FOR MORE INFORMATION: For more information on The C of I swimming program, head to the official homepage of the Coyotes, www.collegeofidaho.edu/athlete/swim.asp.