



YOTE NOTES – October 22, 2009

C of I Sports Information Director – Mike Safford Jr.
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SPORTS RELEASE

This Week's Event Schedule

10/22	XC hosts Coyote Twilight	5 p.m.
10/23	WSOC at Concordia	1 p.m. PT
	MSOC at Corban	4 p.m. PT
	Volleyball at Evergreen	7 p.m. PT
10/24	WSOC at Warner Pacific	Noon PT
	MSOC at Warner Pacific	2 p.m. PT
	Volleyball at Northwest	7 p.m. PT
10/26	MSOC at Concordia	1 p.m. PT

Upcoming Events

11/6	WBB at NW Nazarene	7 p.m.
11/8	San Francisco Alumni Event	
11/10	MBB vs. NW Nazarene	7 p.m.
12/11-13	Catchers Only Camp	

Live Video

Throughout the 2009-10 season, a Live Video feed of all C of I volleyball, men's basketball, and women's basketball home games will be available for free through Penn Atlantic.

Access the games online via
www.pennatlantic.com.

Live Stats

Throughout the 2009-10 season, Live Statistics of all C of I volleyball, men's basketball, women's basketball, and softball games will be available live via the C of I athletic website. Click on the Live Stats icon on the respective team's homepage to keep up with the action.

ATHLETIC NEWS:

BASKETBALL SEASON TICKETS ON SALE: College of Idaho men's and women's basketball season ticket renewal mailings arrived in local mailboxes this week, according to Director of Athletic Marketing, Dave Hahn. Season ticket prices have remained the same this season, \$110 for reserved seats, \$80 for general admission seats – which secure a ticket to all home games, including both men's basketball tournaments and the 2009 Lady Yote Classic. For more information, contact Hahn at 459-5835.

R.C. OWENS AND FRIENDS TO HOST EVENT IN SAN FRANCISCO: The C of I Alumni Office will be hosting a Bay Area event in conjunction with the San Francisco 49ers-Tennessee Titans football game at Candlestick Park in San Francisco, Calif., on Nov. 8. The day will begin with a Tailgate Party, hosted by FedEx – which will include a meet-and-greet with C of I Hall of Famer and former 49er, R.C. Owens, followed by the game. For more information on tickets for both the Tailgate Party and the football game, contact The C of I alumni office at 459-5770.

MEN'S BASKETBALL PICKED TO WIN CCC: Returning three starters and an outstanding recruiting class, The C of I men's basketball team was favored to win the 2009-10 Cascade Conference championship, as the CCC Preseason Coaches Poll was released Monday morning by the league office in Portland, Ore. The Coyotes (16-15 in 2008-09), who haven't won a CCC title since 2004 and haven't advanced out of the first-round of the CCC Tournament since 2006, received six first-place votes and 89 voter points, two points more than second-place Oregon Tech. Warner Pacific, Evergreen State, and Eastern Oregon rounded out the Top-5. All-America post **Craig McGee** was the Yotes lone representative on the Preseason All-CCC Team - coming off an fabulous junior season in which he averaged 16 points and nine rebounds per game. Evergreen State guard Nate Menefee was named CCC Preseason Player of the Year, while OIT, EOU, WP, Southern Oregon, and Northwest each had two selections - while the remaining five schools each had one. The Yotes open up the 2009-10 season on Tuesday, Nov. 10, at home against Northwest Nazarene in the United Heritage Tip-Off Series.

WOMEN'S BASKETBALL FAVORED TO REPEAT: A year after recording their best win-loss percentage in program history and a Cascade Conference Co-Championship, The C of I women's basketball team was picked to win the 2009-10 title, as the CCC Preseason Coaches Poll was released by the league office in Portland, Ore. The Lady Yotes (29-5) picked up 93 voter points and four first-place votes - two more than Southern Oregon, and 12-points more than Concordia. All three teams represented the CCC at the NAIA Division II National Tournament, with CU advancing to the second-round. Warner Pacific and Eastern Oregon round out the Top-5. All-America guard **Nicole Gall** was named CCC Preseason Player of the Year in a vote by the coaches - one of two C of I players on the team. The junior averaged 14.5 points and 4.5 rebounds per game last season, while recording 95 steals. She was joined on the team by starting post, **Nicole Bruce**, who averaged eight points and seven rebounds a game as a sophomore. Eastern Oregon led the Preseason All-CCC Team with three selections, while six other teams (SOU, C of I, CU, Warner Pacific, Corban, Oregon Tech) each had two.

IDAHO PRESS TRIBUNE FEATURES C OF I/NUU SPORTS BLOG: Fans of C of I athletics can share their thoughts on the Yotes as part of the Idaho Press Tribune's College of Idaho/Northwest Nazarene Sports Blog. Beat writer Mike Stetson shares his thoughts and stories, along with pictures and videos, on both the Yotes and Crusaders, with fans having the ability to leave their thoughts on their favorite team. The blog is linked on the front of The C of I athletic website or can be visited at <http://www.idahopress.com/blogs/?blogid=6>.

DONATE TO THE COLLEGE OF IDAHO ATHLETIC ASSOCIATION: Click here to make your tax deductible gift to assist the CIAA with post-season championships team travel, scholarships and recruiting -https://www.collegeofidaho.edu/media/_secure/makeagift.asp



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VOLLEYBALL: No. 8 ranked Lady Yotes hit road, one win away from clinching 11th-straight postseason berth

2009 Schedule and Results

Date	Opponent	Time/Result
8/28	! Concordia-Irvine	L 3-2
	! Lewis-Clark State	W 3-2
8/29	! Northwest	W 3-0
	! Great Falls	W 3-0
9/4	* Northwest Christian	W 3-0
9/5	* Corban	W 3-0
9/11	* Oregon Tech	W 3-0
9/12	* Southern Oregon	W 3-2
9/18	* Warner Pacific	W 3-0
9/19	* Concordia	W 3-0
9/25	* Eastern Oregon	W 3-2
9/29	Northwest Nazarene	W 3-1
10/2	* Northwest	W 3-0
10/3	* Evergreen State	W 3-0
10/9	* Southern Oregon	L 3-2
10/10	* Oregon Tech	W 3-0
10/16	* Corban	W 3-0
10/17	* Northwest Christian	W 3-0
10/20	Northwest Nazarene	W 3-1
10/23	* Evergreen State	7 p.m. PT
10/24	* Northwest	7 p.m. PT
10/30	* Eastern Oregon	7 p.m.
11/6	* Concordia	7 p.m.
11/7	* Warner Pacific	7 p.m.
11/13-14	CCC Tournament	TBA
11/21	NAIA Opening Round	TBA
12/1-5	NAIA Championships	TBA

Home Games in Bold

- * Cascade Conference Game
- ! Comfort Inn Tournament (Lewiston, ID)
- PT Pacific Time

Cascade Conference Standings

School	CCC	Overall
Southern Oregon	12- 1	18- 2
College of Idaho	12- 1	17- 2
Concordia	9- 3	12- 7
Eastern Oregon	9- 4	11- 7
Northwest	6- 6	7-14
Corban	6- 7	8-14
Warner Pacific	4- 8	8-10
Oregon Tech	3-10	4-17
Evergreen State	1-11	1-20
Northwest Christian	1-12	6-16

LAST WEEK: vs. Corban (W 3-0), vs. Northwest Christian (W 3-0), vs. Northwest Nazarene (W 3-1)

COMING UP: at Evergreen State, Friday, 7 p.m (PT); at Northwest, Saturday, 7 p.m. (PT)

LADY YOTES REMAIN AT NO. 8 IN NAIA POLL: The College of Idaho stood pat in the latest NAIA Volleyball Top-25 Coaches Poll, remaining at No. 8 in the rankings released Tuesday by the national office in Kansas City, Mo. The Lady Yotes received 523 voter points - two more than they received in last week's balloting, remaining in the Top-10 for the sixth-straight week. It marked the 41st time in program history that the Yotes have been in the Top-25 and the 52nd-straight week that the team has received votes in the poll. Four California Pacific Conference teams are in the Top-5 - Fresno Pacific (Calif.) remains No. 1 in the nation, followed by Cal Baptist, Northwestern (Iowa), Concordia (Calif.), and Azusa Pacific (Calif.). Georgetown (Ky.) is sixth, followed by Columbia (Mo.), the Lady Yotes, U. of Texas at Brownsville, and Vanguard (Calif.). Southern Oregon remained at No. 12, while Lewis-Clark State climbed to No. 21. In the weekly Cascade Conference poll, the Lady Yotes and SOU remain at the top, followed by Eastern Oregon, Concordia, and Corban. The CCC poll is released each Monday, the NAIA poll on Tuesday's.

C OF I HOLDS TITLE DESTINY IN THEIR HANDS: Following the weekend, The C of I and Southern Oregon remain deadlocked atop the CCC standings with identical 12-1 records. If the two teams win out, the Lady Yotes would win the tiebreaker - as long as they do not lose more than four sets along the way. Tiebreaker scenarios are even (head-to-head, sets won vs. lost head to head, record vs. teams in descending order) up until the fourth tie-break, sets won percentage - as the Lady Yotes are 38-7 this season in CCC sets (.844), while SOU is 38-12 (.760). The CCC regular-season champion plays host to the CCC Postseason Tournament, Nov. 13-14.

ONE WIN AWAY FROM PLAYOFF BERTH: With a win this weekend, the Coyotes can clinch their 11th-straight postseason appearance. The Lady Yotes have qualified for the playoffs in each year **Liz Mendiola** has been at the helm of the Coyote ship - including regional tournament berths in 2001, 2003, 2005, 2006, and 2007, and national tournament appearances in 2005, 2006, and 2008. With the conference-direct model in place, the winner of the four-team CCC Tournament will receive an automatic berth to the NAIA Tournament. The Coyotes have won each of the past three CCC Tournament - in 2005 at Southern Oregon, and in 2006 and 2008 in Caldwell. In 2007 - a CCC Tournament was not held.

NATIONAL PICTURE: If the Lady Yotes can maintain their Top-10 ranking, they will be in position to qualify for the NAIA National Tournament for the fourth time in five years - regardless if they win the CCC Tournament title. In fact, if they remain in the Top-10, The C of I would be in position to earn automatic seeding at the NAIA Final Site in Sioux City, Iowa, avoiding an Opening Round play-in game on Nov. 21.

MENDIOLA NOTCHES WIN NO. 200: With the Yotes win over Corban last Friday, head coach Liz Mendiola became the first women's coach in C of I history to record 200 wins in her coaching career. The ninth-year head coach, who has an all-time record of 202-76, joins Tim Mooney, Marty Holly, Shawn Humberger, Clem Parberry, Babe Brown, and John Calpin in the Coyote 200-win club.

CCC HOME STREAK NOW AT 41: With a pair of league wins last weekend, the Lady Yotes extended their home win streak in CCC play to 41. The squad has not lost a league tilt at home since September of 2005, recording an undefeated mark at home each of the last three seasons (9-0 in 2006 and 10-0 in both 2007 and 2008). Overall, the Yotes have won 56 of their last 57 home matches - and have an all-time record of 149-37 in the facility, including a 97-13 record in the Activities Center under head coach Liz Mendiola.

ABOUT EVERGREEN STATE: The Lady Yotes open their final road trip of the regular season on Friday at **Evergreen State** in Olympia, Wash. The Geoducks (1-20, 1-11 CCC) have struggled this season, losing their past eleven matches in a row - winning just two sets during that span. ESC is led offensively by Jazzmin Garcia (1.92 k/s, 0.72 d/s), setter Meghan DeLaRosa (5.75 a/s, 1.71 d/s), and libero Chantal Petkus (3.79 d/s). It is the 18th meeting between the two schools, with the Lady Yotes holding a 15-2 series edge - including the past eleven in a row.

ABOUT NORTHWEST: The road trip concludes Saturday with a match-up with **Northwest** in Kirkland, Wash. The Eagles (7-14, 6-6) have won two of their last three matches and have played well on their home court - winning 5-of-7 games in the Northwest Pavilion. NU is led by hitter Lauren Holtz (2.45 k/s, 3.30 d/s) and setter Lauryn Ernster (6.27 a/s, 2.34 d/s) - part of a roster of nine players. It is the 30th meeting between the schools, with the Lady Yotes holding a 24-5 series edge, including wins in the past nine meetings.

RECORD BOOK: Four players currently are in the Top-10 in the Coyote career record book. Leading the way is **Kristin Henning** (Boise, Idaho / Boise HS), who is No. 3 all-time with 467 blocks and No. 8 in kills (916), while **Kathryn Ely** (La Grande, Ore. / La Grande HS) ranks third all-time in kills (1,343). Rounding out the list are the two setters, as Madie Machurek is No. 5 (1,733) in assists and **Naomi Reimer** (Killarney, Man. / Killarney SS) is No. 7 (1,251) in assists and No. 10 in aces (103).

CCC LEADERS: As a team, the Lady Yotes lead the CCC in digs per set (16.91) kills per set (12.91), assists per set (12.04), and lowest opponent attack percentage (.069), ranking second in the league in attack percentage (.233) and blocks per set (2.39). Individually, four different C of I players are among the CCC's top-five, including **Whitney Owen** (Caldwell, Idaho / Vallivue HS), who leads the loop in digs per set (5.61). **Marcella Hernandez** (Torrance, Calif. / El Camino CC) ranks second in the loop in aces per set (0.50), while ranking No. 5 in blocks per set (0.97). Kristin Henning ranks second in the loop in blocks per set (1.22) and is third in hitting percentage (.323). Rounding out the group is Madie Machurek, who is second in the league in assists per set (7.10).

CUMULATIVE STATISTICS:

##	STATS SUMMARY	ATTACK					SET		SERVE			DIG			BLOCKING						
		G	K	K/G	E	TA	Pct	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	Total	B/G	BE	BHE
5	ELY, Kathryn	51	144	2.82	55	392	.227	1	0.02	0	0	0.00	11	31	0.61	1	24	25	0.49	1	1
9	REIMER, Naomi	48	122	2.54	50	314	.229	231	4.81	16	27	0.33	9	111	2.31	2	17	19	0.40	4	9
3	FOX, Ciciley	48	108	2.25	36	280	.257	4	0.08	9	4	0.19	7	57	1.19	1	16	17	0.35	2	0
15	LINK, Jessie	68	153	2.25	57	409	.235	1	0.01	0	0	0.00	0	23	0.34	7	46	53	0.78	4	0
11	HENNING, Kristin	69	155	2.25	36	368	.323	7	0.10	0	3	0.00	0	22	0.32	17	67	84	1.22	3	0
10	HERNANDEZ, Marcella	58	110	1.90	49	261	.234	10	0.17	29	13	0.50	0	35	0.60	10	46	56	0.97	11	0
7	BOURGEAU, Lauren	44	52	1.18	34	175	.103	0	0.00	0	0	0.00	0	18	0.41	1	18	19	0.43	5	0
1	MACHUREK, Madie	67	30	0.45	3	57	.474	476	7.10	13	26	0.19	0	170	2.54	0	7	7	0.10	1	7
20	CURTIS, Madison	18	8	0.44	4	29	.138	2	0.11	0	0	0.00	0	2	0.11	0	9	9	0.50	2	0
4	LOW, Cassie	3	1	0.33	4	7	-.429	0	0.00	0	0	0.00	0	0	0.00	0	1	1	0.33	0	0
13	NERES, Nathy	23	2	0.09	2	12	.000	1	0.04	6	5	0.26	9	48	2.09	0	0	0	0.00	0	1
8	COMBE, Courtney	68	4	0.06	3	29	.034	10	0.15	12	13	0.18	9	140	2.06	0	0	0	0.00	0	0
6	DRUMM, Stacie	57	2	0.04	0	16	.125	5	0.09	7	7	0.12	10	104	1.82	0	0	0	0.00	0	0
18	STIEG, Melanie	8	0	0.00	2	4	-.500	2	0.25	2	3	0.25	0	16	2.00	0	0	0	0.00	0	0
12	OWEN, Whitney	69	0	0.00	0	31	.000	65	0.94	20	16	0.29	15	387	5.61	0	0	0	0.00	0	1
2	PALMER, Melanie	8	0	0.00	0	0	.000	16	2.00	2	1	0.25	0	3	0.38	0	1	1	0.12	0	0
TEAM												20									
COLLEGE OF IDAHO....		69	891	12.91	335	2384	.233	831	12.04	116	118	1.68	90	1167	16.91	39	252	165.0	2.39	33	19
Opponents.....		69	645	9.35	475	2462	.069	595	8.62	90	110	1.30	116	1015	14.71	16	183	107.5	1.56	37	38

GAME RECAP – C OF I 3, CORBAN 0: The Lady Yotes notched their 40th-straight CCC home victory, a 25-11, 25-14, 25-18 sweep of Corban College, Friday the J.A. Albertson Activities Center. The Yotes had a big hitting night, racking up 43 kills against just six errors - a season-high .416 hitting percentage, while forcing the Warriors into 25 errors. Set 1 saw The C of I use a 14-2 push midway through the period, with Naomi Reimer blasting four kills, to roll to the win. Set 2 saw the Warriors hold a 12-11 lead on a Jenny Harman ace, but the Yotes closed out the set by winning 14 of the final 16 points - including six spikes from **Jessie Link** (Tonopah, Nev. / Nicholls State U.). The finale saw Kristin Henning record five of the squads 16 kills to complete the win. Henning led the Yotes with ten kills and three blocks, with Link adding nine kills and three blocks. Reimer had eight kills, 18 assists, and eight digs, Madie Machurek recorded 16 assists and ten digs, and Whitney Owen ten digs in the victory. Chandra Baskoro had a big night for Corban, recording a match-high 11 kills and seven digs, with Megan Dees leading the Warriors with 13 assists and seven digs.

GAME RECAP – C OF I 3 NORTHWEST CHRISTIAN 0: Kristin Henning led all players with ten kills and four blocks, helping The C of I to their 41st-straight Cascade Conference home win, stopping Northwest Christian 25-8, 25-13, 25-17, Saturday in the J.A. Albertson Activities Center. The victory for the No. 8 ranked Coyotes kept the squad tied with Southern Oregon atop the CCC standings with five matches to play. The C of I rolled to an easy first set win, hitting at a 60-percent clip - while holding the Beacons to five kills and eight hitting errors. Set 2 saw NCU stay close at 15-10 on a Cassie Bishop kill, but the Yotes closed the frame on a 10-3 run to grab a 2-0 lead. The finale saw four early ties before Henning took over, spiking home five winners in the victory. Marcella Hernandez had eight kills and two stuff blocks, Madie Machurek recorded 16 assists, and Whitney Owen 15 digs in the victory. Bishop had five kills, Whitney Hoff had nine assists, and Mercedes Leclair had ten digs to lead the Beacons attack.

GAME RECAP – C OF I 3, NORTHWEST NAZARENE 1: Jessie Link and Kristin Henning each recorded 12 kills, while five different C of I players recorded double-digit digs, as the Lady Yotes completed a season sweep of Canyon County rival, Northwest Nazarene, winning 21-25, 25-17, 25-14, 25-22, before a record crowd of 705 Tuesday in the J.A. Albertson Activities Center. The victory was the seventh-straight for the No. 8 ranked Lady Yotes over their NCAA Division II rivals - dating back to 2002. The opening frame saw the Crusaders, ranked No. 9 in the D-II West Region, jump out to a 6-0 lead, including a pair of aces from Eki Punimata. The C of I would rally, closing the gap to one point on four occasions - the last at 22-21, but a spike by Kailey Trautmann keyed a 3-0 push to close out the set win. Set 2 saw the Lady Yotes use a 7-0 push, helped by four NNU attack errors, to break open a 10-9 score - as Henning led the charge with four kills in the period. Set 3 was all C of I, as Link had four kills as part of an opening 15-4 run to give the hosts the two games to one edge. The finale was a see-saw affair, as the Crusaders got back-to-back Trautmann kills and a Cammy Dranginis spike to take a 6-1 lead. However, the Yotes would use a 7-1 push to even the score at 12-12 on a Naomi Reimer kill. NNU came right back, as a Coyote hitting error gave the Nampa bunch a 18-14 lead, but it didn't last long, as Marcella Hernandez had a pair of kills in a 6-1 run to give The C of I the lead at 20-19 - winning the match on a Henning spike. Reimer had a big night for the Yotes, with nine kills, 21 assists, and 17 digs, while Hernandez added eight kills. Madie Machurek had 22 assists and 11 digs, with three others - Whitney Owen (30), **Courtney Combe** (Nampa, Idaho / Skyview HS) (11), and **Nathy Neres** (Sao Paulo, Brazil / Coll. of Southern Idaho) (11) each recording double-digit digs.

ABOUT THE COACH: Liz Mendiola is in her ninth season as The C of I head volleyball coach. During her first eight seasons at the helm, the Coyotes have advanced to seven consecutive CCC tournaments, four NAIA regional tournaments, and trips to the NAIA National Championships in 2005, 2006, and 2008. Last season, the squad won their third-straight CCC title, claimed their third-straight CCC Tournament title, won their NAIA Tournament Opening Round match, and advanced to the NAIA Tournament Final Site in Sioux City, Iowa - with Mendiola earning her third-straight CCC Coach of the Year honors, while being ranked as high as No. 9 in the national poll. During her career, she has amassed a record of 202-76, the most wins and highest winning percentage in school history. In 2006, she led the Lady Yotes to their best season in program history, compiling a 35-4 record - earning CCC and NAIA Region I Coach of the Year honors. The Yotes won their first CCC championship in 24 years, becoming just the second school to complete the league schedule without a loss. The Coyotes also captured their second-straight CCC Tournament title, along with their second-straight NAIA Region I Tournament title, before placing ninth at the NAIA Championships - with that team setting a school-record with 22 straight wins. Her 2009 club will take a 35-match CCC home win streak into the season. Mendiola was an assistant for the Coyotes on two separate occasions - from 1995-96 and from 1999-2000, before elevating to head coach. She has also coached club volleyball at Emmett High, for the Treasure Valley Volleyball Club, the Boise River Volleyball Club, and various camps in the Northwest. A native of Jerome, Mendiola graduated from The C of I in 1996 with a degree in elementary education, and taught kindergarten in Nampa before becoming head coach in 2001. A two-year member of the Coyotes, Mendiola set school records for kills per game (4.86) in 1994, and holds the school mark for kills per game in a career (4.46). She earned All-CCC honors following her senior season with the Yotes. Mendiola is married to former Coyote baseball standout and current C of I softball coach Al Mendiola. The Mendiola's have two children, Aleah and Micah.

FOR MORE INFORMATION: For more information on the Coyote volleyball program, head to the official homepage of the Lady Yotes, www.collegeofidaho.edu/athlete/vball.htm.



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2009 Schedule and Results

Date	Opponent	Time/Result
8/29	Rocky Mountain	W 2-1
8/30	Great Falls	W 5-2
9/1	Carroll	L 3-2
9/12	Westminster	W 4-0
9/13	Embry-Riddle (Ariz.)	W 1-0
9/16	Northwest Nazarene	W 4-0
9/25	* Evergreen State	W 5-0
9/26	* Northwest	W 4-0
10/2	* Southern Oregon	W 1-0
10/3	* Oregon Tech	W 2-0
10/9	* Northwest Christian	W 4-0
10/10	* Corban	L 3-2
10/17	* Eastern Oregon	W 3-0
10/23	* Concordia	1 p.m. PT
10/24	* Warner Pacific	Noon PT
10/31	CCC Semifinals	TBA
11/7	CCC Championship	TBA
11/21	NAIA Opening Round	TBA
11/30-		
12/5	NAIA Championships	TBA

Home Games in Bold (at Simplot Stadium)

* Cascade Conference Game
 PT Pacific Time

Cascade Conference Standings

School	CCC	Pts.	Overall
Concordia	7-0-0	21	15- 1-0
College of Idaho	6-1-0	18	11- 2-0
Corban	6-1-0	18	9- 5-2
Oregon Tech	4-3-0	12	11- 5-0
Southern Oregon	4-3-0	12	6- 8-1
Eastern Oregon	4-3-0	12	4- 7-0
Northwest Christian	2-5-0	6	3-12-0
Warner Pacific	1-5-1	4	1-10-3
Northwest	1-6-1	4	2-10-2
Evergreen	0-8-0	0	1- 9-4

WOMEN'S SOCCER: Lady Yotes head to Portland for big matches against No. 4 Concordia and Warner Pacific

LAST WEEK: vs. Eastern Oregon (W 3-0)

COMING UP: at No. 4 Concordia, Friday, 1 p.m. (PT); at Warner Pacific, Saturday, Noon (PT)

LIVE STATS: The Lady Yotes match at Warner Pacific will have Live Stats available online via <http://wpcknights.athleticsite.net/livestats/ws/xlive.htm>.

LADY YOTES CLINCH PLAYOFF SPOT: With the win over Eastern Oregon on Saturday afternoon, the Lady Yotes clinched their fourth-consecutive playoff berth in the Cascade Conference Tournament. The C of I will be a part of the four-team tourney – with the winner earning an automatic berth to the NAIA Championships.

UNCERTAIN PLAYOFF SCENARIOS: Where the Lady Yotes are seeded in the tournament is determined by the final week of the regular season. Currently, The C of I is tied with Corban in second-place in the loop standings – one game behind Concordia. Three teams sit two games behind the Yotes and Warriors (Oregon Tech, Southern Oregon, Eastern Oregon) – with The C of I having defeated each of the teams. A win over either Concordia or Warner Pacific would secure no worse than the No. 3 seed – with a pair of wins and a Corban loss giving the Lady Yotes the No. 1 seed.

IN THE PLAYOFFS: It is the seventh time in the 21 years of the program that the Lady Yotes have advanced to the postseason – losing opening round games in 1991, 1993, 2002, and 2006. In 2007, the squad advanced to the CCC Tournament semifinals, while reaching the CCC Championship game last season. All-time, The C of I has a 2-6 record during the playoffs – 2-3 under head coach **Niki Taylor**.

GOODBYE SHUTOUT RECORD: With a convincing 3-0 victory over I-84 rival Eastern Oregon on Saturday, the Lady Yotes set a new program record with their ninth shutout of the season – eclipsing the mark of eight shutouts, recorded last season. The nine shutouts and the 0.69 shutouts per match rank the Yotes third in the entire NAIA. Both **Sadie Hughes** (Courtenay, B.C. / Vanier SS) and **Kelly Hardegree-Ullman** (Boise, Idaho / Mountain View HS) each have three shutouts, while in the three other shutouts, the Coyotes used multiple keepers.

MOST PROLIFIC SCORING TEAM?: With three goals against Eastern Oregon, the Lady Yotes tied the program record for goals in a season with 39. What is impressive about the total is that it took The C of I 21 matches in 2002 to set the original record – while last season, it took the Coyotes 20 games to score 38 goals. A total of 12 different players have recorded at least one goal this season, while 16 different players have recorded at least a point – both new records. The Lady Yotes are tied for 25th in the NAIA in goals scored per game.

MOST WINS IN A SEASON: With 11 wins this year, the Lady Yotes are just one win away from tying the program record for wins in a year – set last season when The C of I had a 12-6-2 record. The team is also on pace to break the single-season win percentage record of .727 set back in 1989.

MOURITSEN CLIMBING THE GOALS SCORED LADDER: Striker **Erika Mouritsen** (Wellsville, Utah / Dixie State Coll.) has had a stellar rookie season with the Coyotes after a pair of great years at the Division II level. The junior currently ranks second in the CCC with 11 goals this year – the fourth-highest goals scored total in program history. Kristine Halter holds the record with 18 goals scored in 1993, while Becky Robertson scored 16 goals in 2001, and Alyssa Latham tallied 12 goals in 2002.

STILL LOSING POINTS IN NAIA POLL: It has been a banner season thus far for the Lady Yotes – boasting a 11-2 record, two wins against teams ranked in the Top-25, and nine shutout victories. Unfortunately, The C of I is still waiting for an invitation to the NAIA Top-25 – something that has never happened in program history. After receiving 91 voter points on Sept. 15 (just three points away from cracking the Top-25), the squad has lost point in each of the five subsequent polls (78 on Sept. 22, 73 on Sept. 29, 71 on Oct. 6, 52 on Oct. 13, and 47 on Oct. 20) – despite a 7-1 record and allowing just two goals during that stretch. What has been disheartening as eight different teams have passed the Lady Yotes in the ratings during that time – including four teams (Siena Heights (Mich.), Trinity Christian (Ill.), Ohio Dominican, and Science & Arts (Okla.) that have entered the Top-25, despite having one or more losses during the same period and having a worse overall record than The C of I.

CAN THE YOTES CRACK THE CONCORDIA GUARD?: The Lady Yotes still have a shot at their first-ever CCC championship, but will have to wrestle the stranglehold on the crown away from **Concordia**. The Cavaliers (15-1, 7-0 CCC) have been the class of the league for nearly a decade – with 2009 no exception, leading the league with 47 goals scored and 39 helpers. The offensive attack for Grant Landy's bunch is paced by All-American Jessica Ramback (12 goals, 1 assist), along with Kaitlyn Tebbs (7 goals, 5 assists), Shelby Bloodworth (7 goals, 2 assists), and Sami Andrews (1 goal, 9 assists). All-CCC keeper Georgie Christensen (0.65 GAA, 6 ShO) hasn't been tested much – but is solid in goal. It is the 30th meeting between the teams, with CU holding a commanding 23-2-4 series edge – winning the last 21 meetings, dating back to 1995.

HOW GOOD HAS CU BEEN?: The Cavaliers have won the last nine CCC championships and advanced to the NAIA Tournament the past eight seasons – losing in last season's NAIA Championship game to Lee (Tenn.). CU takes a 41-match conference win streak into the weekend, with 39 of the victories via shutout. They have been dominant against the Coyotes – only trailing once against The C of I (a 1-0 deficit during the 2007 CCC Tournament) since the 1996 season

CRUCIAL MATCH AT WARNER PACIFIC: The Lady Yotes close out the regular season on Saturday, meeting **Warner Pacific** at Portland Christian High School as part of a doubleheader with The C of I men. The Knights (1-10-3, 1-5-1) have struggled offensively all season, scoring just seven goals – including just two goals in their last seven CCC matches. The top offensive threats for WP are Elissa Coutin (3 goals, 2 assists) and Danielle Rodriguez (2 goals, 1 assist), while keeper Lacey Golden (2.50 GAA) has been solid in CCC play, with a 1.66 goals against average. It is the ninth meeting between the teams, with the Knights holding a slim 4-3-1 series edge, including a 2-1-1 record in Portland.

CONFERENCE LEADERS: As a team, the Lady Yotes lead the CCC in four different statistical categories – goals per game (3.0), assists per game (2.46), fewest goals allowed (9), and shutouts (9), while ranking second in total points (110), goals scored (39), assists (32), and goals against average (0.69). Individually, eight different players rank among the league's Top-5, led by Erika Mouritsen, who ranks among the elite in seven categories – No. 1 in points per game (1.73) and goals per game (0.85), No. 2 in shots per game (3.31), total points (23), goals (11), and game-winning goals (5), and No. 3 in total shots (43). **Jessica Ayala** (*Eagle, Idaho / Eagle HS*) is No. 2 in the CCC in assists (6) and assists per game (0.46), ranking No. 4 in points (16) and points per game (1.23). Other Yotes in offensive categories include **Lauren Winterholler** (*Idaho Falls, Idaho / North Idaho CC*), who is No. 3 in assists (5) and No. 4 in assists per game (0.38), **Jamie Reichel** (*Boise, Idaho / Capital HS*), who is No. 3 in assists per game (0.40), and both **Taylor Culver** (*Nampa, Idaho / Skyview HS*) and **Chelsea Heffner** (*Meridian, Idaho / Mountain View HS*), who are tied for fourth in the loop in game-winning goals (2). Defensively, Kelly Hardegree-Ullman leads the league in goals against average (0.55), with Sadie Hughes ranking fourth in the same category (0.75).

GAME RECAP – C OF I 3, EASTERN OREGON 0: Breaking a school record and tying another in the process, The C of I capped off their home schedule with a convincing 3-0 victory over Eastern Oregon Saturday afternoon at Simplot Stadium. The Lady Yotes recorded their ninth shutout victory of the season – one more than their school record of eight set last year, while the three goals scored pushed their season total to 39 – tying the mark set in 2002. Taylor Culver got the Coyotes on the board in the 16th minute as her free kick from 30-yards out went through the hands of Mountaineers keeper Allison Seymour to make it 1-0. Four minutes later, the Yotes pushed the lead to 2-0, as Chelsea Heffner placed a nice cross, finding the foot of Jessica Ayala. It didn't take long for the Lady Yotes to crack the scoreboard in the second half, as Erika Mouritsen touched home a rebound of a **Mandy Greif** (*Payette, Idaho / Payette HS*) shot just 19 seconds into the new period to cap the scoring. EOU had a couple nice opportunities in the first half, including a point-blank Kami Hernandez shot midway through the first half off a corner kick, but Kelly Hardegree-Ullman made the save – one of five saves by C of I keepers in the victory. It marked the final regular season home match for four C of I seniors – Greif, **Jessica Moon** (*Payette, Idaho / Payette HS*), Lauren Winterholler, and Sadie Hughes.

CUMULATIVE STATISTICS:

##	Name	GP-GS	SHOTS							YC-RC	GW	PK-ATT
			G	A	Pts	Sh	Shot%	SOG	SOG%			
15	MOURITSEN, Erika	13-13	11	1	23	43	.256	26	.605	1-0	5	0-0
17	AYALA, Jessica	13-13	5	6	16	22	.227	14	.636	0-0	0	0-0
9	HEFFNER, Chelsea	13-13	5	4	14	33	.152	20	.606	0-0	2	0-0
22	CULVER, Taylor	13-13	4	0	8	15	.267	7	.467	0-0	2	0-0
23	SMITH, Colleen	13-13	3	1	7	12	.250	6	.500	0-0	0	0-0
2	BIGELOW, Kayla	13-13	3	1	7	9	.333	5	.556	0-0	1	0-0
8	WINTERHOLLER, Lauren	13-13	1	5	7	8	.125	4	.500	0-0	0	0-0
16	REICHEL, Jamie	10-7	1	4	6	12	.083	8	.667	0-0	1	0-0
12	GREIF, Mandy	13-3	2	1	5	17	.118	10	.588	0-0	0	0-0
10	HARDEGREE-ULLMAN, K.	13-8	2	0	4	8	.250	5	.625	0-0	0	0-0
3	EGERMAN, Macy	8-3	1	2	4	11	.091	7	.636	0-0	0	0-0
20	HAWKINS, Justine	13-13	0	3	3	3	.000	0	.000	1-0	0	0-0
7	HUTTASH, Jordan	10-0	1	0	2	6	.167	1	.167	0-0	0	0-0
11	HULIN, Brittney	13-0	0	2	2	6	.000	2	.333	0-0	0	0-0
5	MOON, Jessica	11-0	0	1	1	4	.000	2	.500	0-0	0	0-0
4	OLSON, Kirsten	10-0	0	1	1	1	.000	0	.000	0-0	0	0-0
25	PATTON, Jessica	13-13	0	0	0	4	.000	2	.500	0-0	0	0-0
18	BALL, Anne	9-0	0	0	0	1	.000	0	.000	0-0	0	0-0
13	SMITH, Kaitlyn	3-0	0	0	0	1	.000	1	1.000	0-0	0	0-0
26	MARCH, Maggie	4-0	0	0	0	0	.000	0	.000	0-0	0	0-0
24	HUGHES, Sadie	6-6	0	0	0	0	.000	0	.000	1-0	0	0-0
6	ROONEY, Natasha	3-0	0	0	0	0	.000	0	.000	0-0	0	0-0
	Total.....	13	39	32	110	216	.181	120	.556	3-0	11	0-0
	Opponents.....	13	9	5	23	105	.086	49	.467	3-0	2	1-1

##	Name	GP-GS	GOAL AVERAGE			SAVES		RECORD			Shots	
			Minutes	GA	Avg	Saves	Pct	W	L	T	Sho	Faced
22	CULVER, Taylor	3-0	135:00	0	0.00	1	1.000	0	0	0	0	6
10	HARDEGREE-ULLMAN, K.	7-7	495:00	3	0.55	18	.857	6	1	0	3	44
24	HUGHES, Sadie	6-6	483:00	4	0.75	18	.818	5	1	0	3	47
1	DIAZ, Tracy	2-0	57:00	2	3.16	2	.500	0	0	0	0	8
TM	TEAM		0:00	0	0.00	1	1.000	0	0	0	1	0
	Total.....	13	1170:00	9	0.69	40	.816	11	2	0	9	105
	Opponents.....	13	1170:00	39	3.00	81	.675	2	11	0	0	213

ABOUT THE COACH: Niki Taylor is in her fourth season as head coach of The C of I women's soccer program. In her three seasons with the Coyotes, she has completely rebuilt the team into a contender, registering three-consecutive postseason appearances, an appearance in the 2007 CCC Tournament semifinals, and a spot in the 2008 CCC Tournament championship match. For her efforts, Taylor was named 2008 CCC Coach of the Year. She has an all-time record of 38-25-7, with the 35 wins the most by a women's soccer coach at The C of I. A graduate of Truman State University in Kirksville, Mo., Taylor was an honorable mention all-conference player for the Bulldogs in 1999 and 2000, helping the squad to an NCAA Division II regional championships. She went on to assist coach Mike Cannon during the 2001 season, helping TSU to the regional finals, then moved West, where she was an assistant for Steve Lucas at Boise State for three seasons. She has also been involved with the Les Bois United Soccer Club for the past six years, while serving as a head coach in the Idaho Olympic Development Program – receiving her USSF "B" Coaching License. She is single and lives in Boise.

FOR MORE INFORMATION: For more information on the Coyote women's soccer program, head to the official homepage of the Lady Yotes, www.collegeofidaho.edu/athlete/wmenssoccer.htm.



SPORTS RELEASE

YOTE NOTES – October 20, 2009

C of I Sports Information Director – Mike Safford Jr.
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 msafford@collegeofidaho.edu

2009 Schedule and Results

Date	Opponent	Time/Result
8/31	Whitman	L 2-1
9/12	* + Northwest Christian	W 5-1
9/16	+ Northwest Nazarene	L 1-0
9/19	* Oregon Tech	W 3-2
9/25	* Evergreen State	T 1-1
9/26	* Northwest	W 3-0
10/2	* Oregon Tech	W 2-1
10/3	* Northwest Christian	W 2-1
10/9	* Warner Pacific	L 1-0
10/11	* Concordia	L 3-2
10/23	* Corban	4 p.m. PT
10/24	* Warner Pacific	2 p.m. PT
10/26	* Concordia	1 p.m. PT
10/31	* Corban	2 p.m.
11/6	* Northwest	3 p.m. PT
11/7	* Evergreen State	2 p.m. PT
11/10	CCC Semifinals	TBA
11/14	CCC Championship	TBA
11/21	NAIA Opening Round	TBA
11/30-12/5	NAIA Championships	TBA

Home Games in Bold (at Simplot Stadium)

* Cascade Conference Game
 + at Syringa Middle School
 PT Pacific Time

Cascade Conference Standings

School	CCC	Pts.	Overall
Warner Pacific	8-1-0	24	9- 3-0
Concordia	7-3-0	21	8- 4-1
College of Idaho	5-2-1	16	5- 4-1
Oregon Tech	4-3-1	13	7- 4-1
Evergreen State	4-4-1	13	4- 5-2
Northwest	4-5-0	12	6- 5-2
Corban	1-8-0	3	2- 9-1
Northwest Christian	0-9-1	1	1-12-1

MEN'S SOCCER: Yotes hit road for key three-game weekend swing through Willamette Valley

COMING UP: at Corban, Friday, 4 p.m. (PT); at Warner Pacific, Saturday, 2 p.m. (PT) – Portland Christian HS, at Concordia, Monday, 1 p.m. (PT) – Delta Park.

LAST WEEK: Idle

LIVE STATS: Live stats of Saturday's match at Portland Christian High School between the Yotes and Warner Pacific are available through WP's athletic website at <http://wpcknights.athleticsite.net/livestats/ms/xlive.htm>.

BIG WEEK AHEAD FOR THE YOTES: After receiving eleven days off after a tough 3-2 loss to Concordia on Oct. 11, the Coyotes will have their toughest weekend of the season – playing three matches in four days in the Willamette Valley. When Cascade College ceased operations following last season, it forced the Yotes (along with Oregon Tech) to shuffle their scheduling to try and eliminate a road trip to Portland for just one game. The C of I decided to play OIT and Northwest Christian during one week, then play the remaining Oregon schools this weekend (as the players are on a break week).

PLAYOFF PICTURE: The final three weeks of the season look to be wild and crazy in the Cascade Conference, as a teams vie for the three spots in the CCC Postseason Tournament. Warner Pacific currently holds the top spot in the league with an 8-1 record, while Concordia, who has lost 3-of-5, sits in second with a 7-3 mark. Four teams are within four points of each other for the final playoff berth – as the Yotes sit with 16 points (with six games remaining), Evergreen State has 14 points (five games left), Oregon Tech has 13 points (six games left), and Northwest has 12 points (five games left). The C of I holds the tiebreak against OIT by virtue of their two wins over the Owls, while they have a draw vs. ESC and a win over NU – meeting both of the teams the final weekend of the regular season.

CONFERENCE/NAIA POLL: The seventh CCC weekly poll was released on Monday afternoon, with the Coyotes remaining at No. 3 for the second-straight week. Warner Pacific assumed the top spot for the first time this season, thanks to a 2-1 win over Concordia. CU is second, the Yotes third, followed by Oregon Tech. Last week, Concordia received eight voter points in the NAIA national poll – the lone CCC team in the rankings. The CCC poll is released each Monday morning, while the NAIA Top-25 is released on Tuesday afternoons throughout the regular season.

ABOUT CORBAN: The Yotes open up the long road trip against the lone team they have not faced in CCC play – **Corban**. The Warriors (2-9-1, 1-8 CCC) have been unlucky this season – having lost nine of their last ten matches, including five by one-goal margins. They are led by athletic forward Ayouba Moussa (5 goals, 2 assists) – who has scored half of Corban's goals this season, while keeper Aaron Franklin (1.95 GAA) keeps the Warriors in every game. The C of I has won the past three meetings, and holds the all-time series lead, 22-17-1.

ABOUT WARNER PACIFIC: Saturday, it's up 1-5 to the Rose City and a rematch with front-running **Warner Pacific**. The Knights (9-3, 8-1) have won six-straight matches, including a 1-0 shutout victory over the Yotes in Caldwell – using a goal in the final five minutes to earn the road win on a windy afternoon. WVP is led by Alija Sacirovic (7 goals, 3 assists), who ranks second in the loop in goals – including the game-winner against The C of I. Joel Duenas (4 goals is dangerous, as is flip-throwing midfielder Andrew Scott (5 assists), with keeper Sean Ervin (0.95 GAA) on a roll in goal. It is the 30th meeting between the clubs, with the Yotes holding a 15-12-2 series edge.

- more -

ABOUT CONCORDIA: After a rest day on Sunday, the Coyotes close up the road trip with a Monday battle at **Concordia**. The Cavaliers (8-4-1, 7-3) are looking to right the ship after a tough stretch – including back-to-back losses to Northwest and Warner Pacific. CU boasts the top scoring tandem in the league in Jared Brace (8 goals, 7 assists) and Tyler Camp (5 goals, 10 assists), while keeper Claudio Lazar (1.25 GAA) is solid. The Cavs rallied from an early deficit to top the Yotes, 3-2, in Caldwell – evening the all-time series between the schools at 21-21-1.

CCC STATISTICS: As a team, the Yotes lead the league in attendance this season – drawing over 250 fans a game, while they rank second in goals allowed (13) and third in goals against average (1.27). Individually, four players are ranked in the Top-5 – with **Jesus Lopez** (Nampa, Idaho / Skyview HS) among the leaders in five categories – No. 3 in shots per game (3.56), points per game (1.44), assists (5), and assists per game (0.56), and No. 5 in total shots (32). **Kazuki Murata** (Tokyo, Japan / International Secondary Inst.) is third in the loop in assists (5), fourth in assists per game (0.5), and fifth in shots per game (3.0). Also in the Top-5 is **Aaron Reynolds** (Boise, Idaho / Capital HS), who ranks fourth in total saves (39) and save percentage (.750), and is fifth in goals against average (1.27), while **Matt Kelly** (Klamath Falls, Ore. / Henley HS) is third in game-winning goals (2).

CUMULATIVE STATISTICS:

##	Name	GP-GS	SHOTS							YC-RC	GW	PK-ATT
			G	A	Pts	Sh	Shot%	SOG	SOG%			
10	LOPEZ, Jesus	9-9	4	5	13	32	.125	15	.469	1-1	1	0-1
25	KELLY, Matt	10-7	3	1	7	15	.200	9	.600	0-0	2	0-0
7	MURATA, Kazuki	10-10	1	5	7	30	.033	10	.333	0-0	0	0-1
11	GOMEZ, Carlos	8-1	3	0	6	4	.750	3	.750	0-0	0	0-0
16	SMITH, Drew	8-6	2	1	5	13	.154	6	.462	0-0	0	0-0
13	VEASY, Zach	10-10	1	1	3	12	.083	7	.583	2-0	0	0-0
22	BOEHNKE, Mats	9-8	1	0	2	8	.125	3	.375	4-0	1	0-0
21	BUCKINGHAM, Brian	3-3	1	0	2	7	.143	4	.571	0-0	0	0-0
12	AGUIRRE, Cesar	3-3	1	0	2	7	.143	5	.714	0-0	0	0-0
20	WARD, Spencer	9-7	1	0	2	3	.333	1	.333	2-0	0	0-0
14	FRANDEN, Stephen	7-1	1	0	2	3	.333	2	.667	1-0	1	0-0
19	RADA, Cristian	6-0	0	1	1	2	.000	2	1.000	0-0	0	0-0
4	KOBIC, Emir	4-2	0	1	1	0	.000	0	.000	0-0	0	0-0
2	BYERS, Brad	5-1	0	1	1	0	.000	0	.000	0-0	0	0-0
9	GRIFFITHS, Brian	10-9	0	0	0	3	.000	2	.667	2-0	0	0-0
23	PULKINEN, Zach	2-2	0	0	0	2	.000	1	.500	0-0	0	0-0
18	NEWBOLD, Travis	9-9	0	0	0	2	.000	2	1.000	0-0	0	0-0
17	COLLET, James	6-3	0	0	0	1	.000	0	.000	0-0	0	0-0
15	WADDELL, Parker	10-8	0	0	0	1	.000	1	1.000	0-0	0	0-0
6	COLEMAN, Theodore	2-0	0	0	0	0	.000	0	.000	0-0	0	0-0
3	LATORRE, Jon	2-1	0	0	0	0	.000	0	.000	1-0	0	0-0
	Total.....	10	19	16	54	145	.131	73	.503	13-1	5	0-2
	Opponents.....	10	13	8	34	110	.118	54	.491	12-0	4	3-3

##	Name	GP-GS	GOAL AVERAGE			SAVES		RECORD			Shots	
			Minutes	GA	Avg	Saves	Pct	W	L	T	Sho	Faced
0	REYNOLDS, Aaron	10-10	920:00	13	1.27	40	.755	5	4	1	1	108
TM	TEAM		0:00	0	0.00	1	1.000	0	0	0	0	0
	Total.....	10	920:00	13	1.27	41	.759	5	4	1	1	108
	Opponents.....	10	920:00	19	1.86	54	.740	4	5	1	2	143

ABOUT THE COACH: Brian Smith is in his sixth season as head coach of The C of I men's soccer team. During his tenure, the Coyotes have posted a 60-32-5 overall record, including CCC co-championships in 2006 and 2008, earning CCC Coach of the Year honors on both occasions. His clubs have won at least nine games in each of his five years, while his 2008 squad became just the second CCC school to complete an unbeaten, untied conference slate and set a school record with 13 consecutive wins. For his efforts, the Coyote skipper was named CCC Coach of the Year. Smith, who helped the Coyotes to a 35-21-1 record as a player for longtime coach, John Calpin, from 1990-93, returned to his alma mater in 2004 after a successful high school coaching career in the Treasure Valley. He coached the Timberline High School boys' team for three years, before taking over the THS girls' program in 2002 – earning Idaho State Coach-of-the-Year honors in 2001 and Southern Idaho Conference Coach-of-the-Year honors in 2003. After earning All-District honors as a player and graduating from The C of I with a degree in political science in 1994, Smith has assisted the Coyote program along with serving as a coach with the Boise National Soccer Club, the Les Bois United Soccer Club, and with the Idaho Olympic Development Program - currently serving as a team coach with Les Bois. Smith is single and resides in Meridian.

FOR MORE INFORMATION: For more information on the Coyote men's soccer program, head to the official homepage of The C of I, www.collegeofidaho.edu/athlete/menssoccer.htm.



SPORTS RELEASE

YOTE NOTES – October 19, 2009

C of I Sports Information Director – Mike Safford Jr.
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2009 Schedule and Results

Date	Opponent	Time/Result
9/12	Roger Curran Invite	Men 2nd Women 1st
9/26	Bob Firman Invite	Men 3rd Women DNR
10/3	Montana Invite	Men 3rd Women 3rd
10/17	Idaho State (Dual Meet)	Men 2nd Women 3rd
10/22	Coyote Twilight	Caldwell, ID
11/7	CCC Championships	Eugene, OR
11/21	NAIA Championships	Vancouver, WA

CROSS COUNTRY: Coyotes set for lone home meet of the season – hosting Coyote Twilight on Thursday afternoon

LAST WEEK: at Oktoberfest Invitational, Pocatello (Men 2nd of 3 teams, Women 3rd of 4 teams)

COMING UP: Host Coyote Twilight, Thursday, Fairview Golf Course – Women’s 5,000-meters at 5 p.m., Men’s 8,000-meters at 5:45 p.m. (Logan and 10th)

COYOTE TWILIGHT INFORMATION: The Yotes will host their third cross country meet in program history – and the third different venue, this time at Fairview Golf Course in downtown Caldwell (Take Exit 28 off I-84, approximately two miles south – start/finish line at 10th Avenue and Logan Street). The race will be a loop of the east side of the golf course with various terrain and surfaces, with the Yotes battling against Boise State, Northwest Nazarene, Eastern Oregon, and Treasure Valley CC.

PREVIOUS HOME MEETS: The Coyotes hosted the Coyote Invitational on their campus course in 2005 – with The C of I men claiming the team title, with Eastern Oregon winning on the women’s side. Two years later, the Yotes hosted the Cascade Conference Championships at Eagle Island State Park, with Eastern Oregon sweeping the team titles. It is a rematch of the field from the Roger Curran Invite in September – where the Lady Yotes claimed a team victory and the Coyote men placed second.

SHORTHANDED LADY YOTES RUN WELL IN POCATELLO: The flu-bug bit The C of I women’s team last week, leaving the Lady Yotes without many of their key runners at 100-percent. However, the squad rose to the challenge, placing third at the Oktoberfest Invitational, hosted by Idaho State. **Stephanie Helm** (Challis, Idaho / Challis HS) continued to show outstanding form, placing second in the event – raced at 5,000-feet of altitude, clocking a time of 10:24 for the 3,000-meter distance, just two seconds away from a victory. **Maggie Miller** (Anchorage, Alaska / Lane CC) finished 11th with a quality time of 11:09 – but it was the race from **Ashley Miller** (Vida, Ore. / McKenzie HS) that drew rave reviews from head coach **Pat McCurry**, placing 18th in 11:30 – the fifth scorer for the squad. The Lady Yotes knocked off another NCAA Division I foe – Utah State, while narrowly missing second-place behind Weber State and Idaho State.

MONTGOMERY LEADS C OF I MEN TO SECOND: The same illness that plagued the women’s team took a bite out of the men’s squad as well – however, it was freshman **Greg Montgomery** (Boise, Idaho / Boise HS) who jumped to the forefront with a fourth-place finish on the Centennial Course. Montgomery was the first non-Weber State runner to cross the finish line, traversing the 5,000-meters in 16:04. **Paul Sartin** (Meridian, Idaho / Bishop Kelly HS) also notched a Top-10 finish, placing tenth in 16:20 – as the Yotes finished behind WSU, but ahead of host Idaho State – the first time that the Yotes have defeated the Bengals on their home course.

MEN CLIMB TO NO. 13 IN NAIA POLL: The C of I jumped two spots to No. 13 in the latest NAIA Top-25 Coaches Poll, released Wednesday by the national office in Kansas City, Mo. The Coyotes rose after a solid performance at the Montana Invitational - with the No. 13 ranking their highest since last October. Malone (Ohio) sits in the top spot, followed by Southern Oregon, Embry-Riddle (Fla.), Concordia (Neb.), and British Columbia. One other Cascade Conference school is in the Top-25, Eastern Oregon, at No. 22. In the latest CCC weekly rankings, released this morning, SOU holds the top spot, followed by the Yotes, Eastern Oregon, Concordia, and Warner Pacific. The CCC poll is released each Monday morning, with the NAIA poll released on Wednesday afternoons.

HOPING THE LADIES RETURN TO THE POLL: Many folks were shocked that the Lady Yotes dropped from No. 5 to completely out of the national poll last week – but it was just a formality. Due to unforeseen circumstances, the CCC was unable to get their weekly poll submitted to the NAIA by their deadline last week – therefore, making CCC teams ineligible for the national poll. It marked the first time that the Lady Yotes had not been ranked in the Top-20 since the 2007 season. The CCC poll was released earlier today, with C of I atop the ranking, followed by Eastern Oregon, Concordia, Northwest Christian, and Southern Oregon.

FOR MORE INFORMATION: For more on The C of I cross country teams, head to the official homepage of the Coyotes, www.collegeofidaho.edu/athlete/xc.asp.



SPORTS RELEASE

YOTE NOTES – October 19, 2009

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2009-10 Schedule and Results

Date	Opponent	Time/Result
10/17	Whitman	Men (L 124-78) Women (L 146-56)
11/21-22	Northwest Invitational	9 a.m. PT
12/4	Linfield	6 p.m. PT
12/5	Lewis & Clark	TBA
1/9-10	Pacific Lutheran	1 p.m. PT
1/30	Pacific	TBA
3/4-6	NAIA Championships	All Day

SWIMMING: Coyotes have quality opening meet at Whitman – hit 11 NAIA qualifying marks

LAST WEEK: at Whitman (Men – L 124-78, Women L 146-56)

COMING UP: Idle until Nov. 21-22 – at Northwest Invitational

YOTES SWIM WELL IN SEASON OPENER: It was a strong debut for the 2009-10 College of Idaho swim team, as the squad combined to break four school records, hit four NAIA “A” and seven NAIA “B” national qualifying standards at Whitman. In the team race – the Missionaries depth did the Yotes in, as The C of I dropped a 124-78 decision on the men’s side, and a 146-56 dual loss for the Lady Yotes.

WELCOME BACK WALKER: After a year away from the pool, sophomore **Casey Walker** (Caldwell, Idaho / Skyview HS) returned with a bang – recording a pair of victories. Walker won the 100-breaststroke in a school record time of 1:04.83, while claiming the win in the 100-backstroke (57.04). He met the NAIA “A” standard in the backstroke, while meeting the “B” standard in the breaststroke – the first time he has competed in the event as a collegian.

IMPRESSIVE DEBUT FOR YOUNGGREN: Head coach **Mary Parsons** has had success over the years with the Younggren clan – so it wasn’t a surprise that true freshman **Chrissie Younggren** (La Grande, Ore. / La Grande HS) was stellar in her first college meet. Younggren won the 200-IM (2:25.18) and took second in the 100-back (1:06.88), setting a school record in the process. She hit the NAIA “B” standard in both events.

OTHER RECORDS: Two others broke school records during the meet – as freshman **Lucas Hill** (Pendleton, Ore. / Pendleton HS) broke the mark in the 1,000-free (10:47.96), while meeting the NAIA “B” standard in the 500-free (5:07.76), with **Annie Younggren** (La Grande, Ore. / La Grande HS) breaking her own school record in winning the 200-free (2:06.81) in NAIA “B” time.

OTHER QUALIFIERS: Three relay teams hit the NAIA standard for next March’s national championships – the women’s 200-free and 200-medley relays, along with the men’s 200-medley relay. Freshman **Nikolai Vidin** (Eastwood NSW, Australia / Epping HS) hit “B” marks in the sprints, clocking a 23.19 in the 50-free and 51.33 in the 100-free.

OFF FOR A MONTH: The Yotes will continue their training sessions for the next month, as The C of I will not compete again until just before Thanksgiving at the Northwest Invitational – hosted this year at Lewis & Clark College in Portland.

NATIONAL MARKS: NAIA “A” (Automatic) – Casey Walker (100-back), Men’s Relay (200-medley), Women’s Relay (200-free, 200-medley); NAIA “B” (Bonus Cut) – Lucas Hill (500-free), Nikolai Vidin (50-free, 100-free), Walker (100-breast), Annie Younggren (200-free), Chrissie Younggren (100-back, 200-IM).

FOR MORE INFORMATION: For more information on The C of I swim program, head to the official homepage of the Coyotes, www.collegeofidaho.edu/athlete/swim.asp.