



YOTE NOTES – November 18, 2009

C of I Sports Information Director – Mike Safford Jr.
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SPORTS RELEASE

This Week's Event Schedule

11/20	SWIM at NW Invite	9 a.m./5 p.m.
	WBB vs. Whitworth (at EOU)	7 p.m.
	MBB vs. Lewis-Clark State	8 p.m.
11/21	XC at NAIA Championships	10 a.m.
	SWIM at NW Invite	9 a.m./5 p.m.
	MBB vs. Westminster	8 p.m.
11/22	VB Pool Play Selections	5 p.m.

Upcoming Events

- 11/27-28 WBB hosts Lady Yote Classic
- 11/27-28 MBB at Westminster Classic
- 12/1-5 VB at NAIA Championships
- 12/11-13 Catchers Only Camp

Live Video

Throughout the 2009-10 season, a Live Video feed of all C of I volleyball, men's basketball, and women's basketball home games will be available for free through Penn Atlantic.

Access the games online via www.pennatlantic.com.

Live Stats

Throughout the 2009-10 season, Live Statistics of all C of I volleyball, men's basketball, women's basketball, and softball games will be available live via the C of I athletic website. Click on the Live Stats icon on the respective team's homepage to keep up with the action.

ATHLETIC NEWS:

WATCH THE STEELHEADS, HELP CROSS COUNTRY: The nationally-ranked College of Idaho cross country teams are hoping that Coyote fans enjoy hockey during the winter. The Yotes are selling tickets to the January 13 Idaho Steelheads game against the Utah Grizzlies as part of C of I Night at Qwest Arena – with five dollars for every ticket sold going to support the runners. Tickets are \$15.00 and can be secured by contacting coach **Pat McCurry** at 459-5085 or by email at pmccurry@collegeofidaho.edu.

LOOK OUT, HERE COME THE ORANGES: This marks the final week that the Coyote baseball team will be embarking on their annual Orange Drive, to support their endeavors during the 2010 season. The Yotes will be throughout Canyon County selling boxes of oranges, apples, and grapefruits. For more information, contact head coach **Shawn Humberger** at 459-5861 or by email at shumberger@collegeofidaho.edu.

YOTES EARN ALL-CCC HONORS IN MEN'S SOCCER: Four C of I men's soccer players were honored by the Cascade Conference on Tuesday as All-CCC players. Although no Yotes were named to the First-Team, a pair of players were named to the Second-Team, defender **Spencer Ward** and forward **Kazuki Murata**. Ward earned honorable mention honors as a freshman, while for Murata, it marks the fourth-straight year that he has received accolades from the league. Two other players – defender **Mats Boehnke** and forward **Jesus Lopez** were named as honorable mention selections. Concordia forward Tyler Camp was named Offensive Player of the Year, Warner Pacific defender Zach Barron was named Defensive Player of the Year, Concordia midfielder Jared Brace was named Newcomer of the Year, while Northwest coach Gary McIntosh was named Coach of the Year. The Coyotes finished the 2009 season with a 6-9-3 record and a fifth-place finish in the CCC.

IDAHO PRESS TRIBUNE FEATURES C OF I/NUU SPORTS BLOG: Fans of C of I athletics can share their thoughts on the Yotes as part of the Idaho Press Tribune's College of Idaho/Northwest Nazarene Sports Blog. Beat writer Mike Stetson shares his thoughts and stories, along with pictures and videos, on both the Yotes and Crusaders, with fans having the ability to leave their thoughts on their favorite team. The blog is linked on the front of The C of I athletic website or can be visited at <http://www.idahopress.com/blogs/?blogid=6>.



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VOLLEYBALL: Lady Yotes headed to Sioux City for NAIA Championships, away Pool Play announcement on Sunday

LAST WEEK: Cascade Conference Tournament – vs. Concordia (W 3-0), vs. No. 13 Southern Oregon (W 3-1)

COMING UP: NAIA National Championships Pool Play Bracket Announcement, Sunday, 5 p.m.; NAIA National Championships, Dec. 1-5 – Sioux City, Iowa.

LADY YOTES HEADED BACK TO IOWA: For the second-straight season, The College of Idaho volleyball team has earned a berth to the NAIA National Championships, presented by the Siouxland Sports Medicine Foundation, in Sioux City, Iowa. The Lady Yotes are one of 26 automatic qualifiers to Nationals, joined by nine at-large selections, and the host school, Morningside (Iowa). Of the 36 teams, eleven schools – along with the host school, earned Opening Round byes and have been seeded directly to the Final Site in Iowa, while the remaining 24 teams will meet on Saturday to determine the rest of the field.

HISTORY AT NATIONALS: It marks the fifth time in school history that the Lady Yotes have advanced to the National Championships – all this decade. The C of I made their first trip in 2000, going 1-3 in Pool Play. They would return in 2005, tying for ninth with a 2-2 record in Pool Play. A year later, the Coyotes had their best run, going 2-1 in Pool Play, eventually losing a bracket-play play-in match to Columbia (Mo.). Last season, the squad had some tough luck in the Siouxland, going 0-3 – although two of the three losses were in five sets, the other in four sets. Overall, the Lady Yotes have a 6-10 record at the National Tournament.

SEEDING FOR THE SECOND TIME: For the second time in program history, the Lady Yotes will be among the seeded teams at the National Tournament. During the 2006 season, The C of I was the No. 7 seed heading into the tournament. Although the official seeding is not released until Sunday night, the Top-6 teams are more than likely Fresno Pacific (Calif.), Cal Baptist, Northwestern (Iowa), Azusa Pacific, Concordia-Irvine, and Georgetown (Ky.), with Columbia (Mo.), the Lady Yotes, Texas-Brownsville, Biola (Calif.), Vanguard (Calif.), and host Morningside rounding out the Top-12.

OPENING ROUND MATCHES TO DETERMINE REST OF FIELD: The NAIA did a nice job regionalizing the Opening Round matches for this Saturday, as the No. 13-20 teams in the nation earning home dates (if they put in a minimum \$4,000 bid). Because of their ranking and location – it hurts the Northwest, as No. 13 Southern Oregon will play host to No. 21 Lewis-Clark State, the only group of Top-25 teams playing in the Opening Round. Three other matches – Union (Ky.) at Shawnee State (Ohio), Savannah A&D (Ga.) at Mobile (Ala.), and Ozarks (Mo.) at St. Ambrose (Iowa), pit unranked teams against each other. The remaining games have Evangel (Mo.) at No. 12 Olivet Nazarene (Ill.), Menlo at No. 15 Point Loma Nazarene (Calif.), Indiana East at No. 16 Taylor (Ind.), Walsh (Ohio) at No. 17 Indiana Tech, Friends (Kan.) at No. 14 Bellevue (Neb.), Black Hills State (S.D.) at No. 18 Doane (Neb.), Freed-Hardeman (Tenn.) at No. 19 Lee (Tenn.), and St. Thomas (Texas) at No. 20 Lubbock Christian (Texas).

MENDIOLA CONTINUES TO HOLD COACH OF YEAR AWARD: In leading the Lady Yotes to their fourth-straight CCC regular-season title and their fourth CCC Tournament title in a row, head coach **Liz Mendiola** was honored this week as CCC Coach of the Year. For Mendiola, it marks the fifth time in her nine years as head coach that she has won the award, and the fourth year in a row she has earned the distinction. This year, she shares the award with Southern Oregon head coach, Josh Rohlfing, who helped SOU to a share of the CCC title.

REIMER SHARES PLAYER OF THE YEAR HONORS: C of I setter/hitter **Naomi Reimer** (Killarney, Man. / Killarney SS) was named CCC Co-Player of the Year in a vote by the league coaches, sharing the award with Eastern Oregon's Grace Deboodt. Reimer, who was an All-CCC selection last year, has had a monster all-around season, averaging 2.4 kills, 5.2 assists, 2.2 digs, 0.5 blocks, and recording 36 aces during the year, ranking eighth in the CCC in aces, tenth in assists, and 13th in hitting percentage.

OWEN EARNS TOP LIBERO AWARD: Junior **Whitney Owen** (Caldwell, Idaho / Vallivue HS) was named CCC Libero of the Year by the coaches after racking up a league best 513 digs, averaging 5.64 digs per set. She was the lone libero named to the All-CCC team.

OTHER ALL-CCC HONOREES: Also named to the All-CCC Team was setter **Madie Machurek**, (Eagle, Idaho / Eagle HS) who thrived in the Coyotes 6-2 offense, ranking second in the league in assists (7.0) and averaging 2.4 digs per set. Two others earned honorable mention honors - senior blocker **Marcella Hernandez** (Torrance, Calif. / El Camino CC) and senior opposite **Jessie Link** (Tonopah, Nev. / Nicholls State U.).

REVIEW OF CCC TOURNAMENT: For the tenth time in the last 11 years, the host institution for the CCC Tournament claimed the tourney title. Concordia took home the league title each year at home from 1999-02, Southern Oregon won the tournament in Ashland in 2003-04, with the Lady Yotes grabbing the crown in 2006,, 2007, and 2009. Only the Yotes win in Ashland during the 2005 season marks the single time a road team has gobbled up the crown.

LADY YOTES FINISH NO. 8 IN FINAL NAIA POLL: The C of I remained at No. 8 in the final NAIA Top-25 Coaches Poll, released Nov. 10 by the national office in Kansas City, Mo. It marks the fifth-straight week that the Lady Yotes have been ranked at No. 8 - earning 519 voter points, 18 fewer points than they received a week ago. It is the 44th time that The C of I has been ranked in the Top-25 and the 55th-straight week that the team has received votes in the poll. Fresno Pacific (Calif.) remained the No. 1 team in the nation, while Cal Baptist regained the No. 2 slot after sharing the spot last week with No. 3 Northwestern (Iowa). Concordia (Calif.) is fourth, followed by Azusa Pacific (Calif.), Georgetown (Ky.), Columbia (Mo.), the Lady Yotes, University of Texas-Brownsville, and Biola (Calif.). Southern Oregon fell one spot to No. 13 in the poll, with Lewis-Clark State at No. 21. Two other opponents – Great Falls and Eastern Oregon, both received votes.

2009 Schedule and Results

Date	Opponent	Time/Result
8/28	! Concordia-Irvine	L 3-2
	! Lewis-Clark State	W 3-2
8/29	! Northwest	W 3-0
	! Great Falls	W 3-0
9/4	* Northwest Christian	W 3-0
9/5	* Corban	W 3-0
9/11	* Oregon Tech	W 3-0
9/12	* Southern Oregon	W 3-2
9/18	* Warner Pacific	W 3-0
9/19	* Concordia	W 3-0
9/25	* Eastern Oregon	W 3-2
9/29	Northwest Nazarene	W 3-1
10/2	* Northwest	W 3-0
10/3	* Evergreen State	W 3-0
10/9	* Southern Oregon	L 3-2
10/10	* Oregon Tech	W 3-0
10/16	* Corban	W 3-0
10/17	* Northwest Christian	W 3-0
10/20	Northwest Nazarene	W 3-1
10/23	* Evergreen State	W 3-0
10/24	* Northwest	W 3-0
10/30	* Eastern Oregon	W 3-0
11/6	* Concordia	W 3-0
11/7	* Warner Pacific	W 3-0
11/13	# Concordia	W 3-0
11/14	# Southern Oregon	W 3-1
12/1	\$ Pool Play Match 1	TBA
12/2	\$ Pool Play Match 2	TBA
12/3	\$ Pool Play Match 3	TBA
12/4-5	\$ Bracket Play	TBA

Home Games in Bold

- * Cascade Conference Game
- ! Comfort Inn Tournament (Lewiston, ID)
- # Cascade Conference Tournament
- \$ NAIA National Championships

Cascade Conference Standings

School	CCC	Overall
College of Idaho	17- 1	24- 2
Southern Oregon	17- 1	24- 3
Eastern Oregon	13- 5	15- 9
Concordia	13- 5	16-10
Corban	8-10	10-17
Warner Pacific	7-11	11-13
Northwest	7-11	8-19
Oregon Tech	6-12	7-19
Evergreen State	1-17	1-26
Northwest Christian	1-17	6-21

HOME STREAK SAFE UNTIL 2010: With wins in their final two CCC matches, the Lady Yotes completed their fourth-straight perfect season in conference play at home, pushing their home CCC streak to 44-matches in a row. The squad has not lost a league tilt at home since September of 2005, recording an undefeated mark at home each of the last three seasons (9-0 in 2006 and 2009 and 10-0 in both 2007 and 2008). Overall, the Yotes have won 61 of their last 62 home matches – and have an all-time record of 152-37 in the facility, including a 100-13 record in the Activities Center under head coach Liz Mendiola.

CCC LEADERS: As a team, the Yotes lead the CCC in kills per set (13.34), assists per set (12.30), blocks per set (2.53), digs per set (16.74), and opponents hitting percentage (.064), while ranking second in the loop in hitting percentage (.243). Individually, eight different players are in the Top-10 in the CCC, led by Marcella Hernandez, who is third in both blocks (1.12) and aces (0.45) per set, and sixth in hitting percentage (.272). **Kristin Henning** (Boise, Idaho / Boise HS) is second in both hitting percentage (.331) and blocks (1.19), Jessie Link is eighth in blocks (0.81) and tenth in hitting percentage (.251), and Naomi Reimer is eighth in aces (0.37) and tenth in assists (5.20). Rounding out the group are **Ciciley Fox** (Challis, Idaho / Challis HS), who is seventh in hitting percentage (.268), **Kathryn Ely** (La Grande, Ore. / La Grande HS), who is eighth in kills per set (2.71), and Whitney Owen, who leads the loop in digs per set (5.64).

RECORD BOOK: Four players currently are in the Top-10 in the Coyote career record book. Leading the way is Kristin Henning, who is No. 2 all-time with 490 blocks and No. 9 in kills (965), while Kathryn Ely ranks third all-time in kills (1,375). Rounding out the list are the two setters, as Madie Machurek is No. 5 in assists (1,836) and Naomi Reimer is No. 7 in assists (1,384) and in aces (113). Machurek also sits just outside the group in aces (108), Marcella Hernandez is just outside the Top-10 in blocks (217), and Whitney Owen is nearing the Top-10 in digs (947).

CUMULATIVE STATISTICS:

##	STATS	SUMMARY	ATTACK					SET		SERVE			DIG		BLOCKING							
			G	K	K/G	E	TA	Pct	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	Total	B/G	BE	BHE
5	ELY, Kathryn	65	176	2.71	73	490	.210	2	0.03	0	0	0.00	14	39	0.60	2	34	36	0.55	1	1	
3	FOX, Ciciley	70	170	2.43	56	426	.268	7	0.10	9	4	0.13	9	81	1.16	1	23	24	0.34	2	1	
9	REIMER, Naomi	70	170	2.43	69	433	.233	364	5.20	26	41	0.37	9	156	2.23	2	32	34	0.49	4	12	
11	HENNING, Kristin	90	204	2.27	48	471	.331	11	0.12	0	3	0.00	1	29	0.32	23	84	107	1.19	6	0	
15	LINK, Jessie	90	204	2.27	71	529	.251	1	0.01	0	0	0.00	0	32	0.36	9	64	73	0.81	5	1	
10	HERNANDEZ, Marcella	80	168	2.10	66	375	.272	15	0.19	36	19	0.45	0	44	0.55	16	74	90	1.12	11	1	
7	BOURGEAU, Lauren	54	58	1.07	39	197	.096	0	0.00	0	0	0.00	0	19	0.35	1	21	22	0.41	5	0	
20	CURTIS, Madison	20	14	0.70	6	42	.190	3	0.15	0	0	0.00	0	3	0.15	0	12	12	0.60	2	0	
1	MACHUREK, Madie	83	37	0.45	3	69	.493	579	6.98	22	34	0.27	0	203	2.45	0	7	7	0.08	1	12	
4	LOW, Cassie	3	1	0.33	4	7	-.429	0	0.00	0	0	0.00	0	0	0.00	0	1	1	0.33	0	0	
13	NERES, Nathy	30	6	0.20	4	20	.100	1	0.03	6	6	0.20	9	57	1.90	0	0	0	0.00	0	1	
8	COMBE, Courtney	90	4	0.04	5	35	-.029	11	0.12	15	18	0.17	14	178	1.98	0	0	0	0.00	0	1	
6	DRUMM, Stacie	79	2	0.03	0	24	.083	6	0.08	10	7	0.13	11	142	1.80	0	0	0	0.00	0	0	
18	STIEG, Melanie	10	0	0.00	2	5	-.400	2	0.20	2	3	0.20	0	16	1.60	0	0	0	0.00	0	0	
12	OWEN, Whitney	91	0	0.00	0	39	.000	83	0.91	24	22	0.26	21	513	5.64	0	0	0	0.00	0	3	
2	PALMER, Melanie	13	0	0.00	0	1	.000	34	2.62	3	1	0.23	0	11	0.85	0	1	1	0.08	0	1	
TEAM			24																			
COLLEGE OF IDAHO....			91	1214	13.34	446	3163	.243	1119	12.30	153	158	1.68	112	1523	16.74	54	353	230.5	2.53	37	34
Opponents.....			91	827	9.09	627	3205	.062	769	8.45	112	136	1.23	153	1310	14.40	20	235	137.5	1.51	51	47

GAME RECAP – C OF I 3, CONCORDIA 0: Ciciley Fox had ten kills and Whitney Owen racked up 28 digs as The C of I overcame a rough hitting night to knock off Concordia, 25-14, 25-15, 25-23, in the CCC semifinals on Friday night. The first two sets were all C of I, jumping out to a 7-1 lead in the opener and were never headed, as Fox recorded four kills and Owen dug 17 balls, then closed out the middle frame with an 8-1 run, fueled by three kills and three blocks from Kristin Henning. However, the Cavaliers played tough in Set 3, battling back from a 20-12 deficit, getting three Mariana Toscano kills in an 11-4 push that got CU within 24-23. The Yotes would close it out on the next point, getting a slide smash from Jessie Link in the middle to notch their tenth-straight win. Link had seven kills, while Henning and Marcella Hernandez each had six kills and five blocks. Madie Machurek recorded 14 assists, with Naomi Reimer registering five kills, 12 assists, and four digs. The Yotes had 16 hitting errors in the match, but made up for it with ten team blocks. Toscano led CU with seven kills and 12 digs, with setter Sklyer Kamaka recording 19 assists and nine digs. Libero Kim Lindow led the Cavs defensively with 15 digs.

GAME RECAP – C OF I 3, SOUTHERN OREGON 1: Fueled by a furious rally in the fourth set, The C of I claimed their fourth-consecutive CCC Tournament championship, stopping Southern Oregon 25-15, 25-14, 22-25, 29-27, before a loud crowd Saturday afternoon. Trailing two sets to one, the Raiders bolted out to a 9-3 lead in Set 4, pushing the margin to 17-10 on a kill by Leanne Stennett. The Yotes would roar back, getting four consecutive kills from Jessie Link as part of a 5-0 run to close within 17-15. SOU would regain control – taking a 23-18 edge on a Leah Bergstrom spike, but back came The C of I, aided by three Southern hitting errors, to score six-straight points. The Raiders would stave off match point with a Bergstrom kill and have a chance to put the set away, but a Marcella Hernandez kill tied the frame at 25-25. The teams would trade side-outs until 28-27, when Hernandez sent an overpass to the net, but Hartman's joust went wide – setting off the Coyote celebration. The opener saw the No. 13 ranked Raiders jump out to a 6-3 lead, but the Yotes used a 10-2 push, helped by four Kristin Henning kills, to take control. Set 2 was tied at 10-10, before The C of I ran off nine of the next ten points to take a two sets to none lead. Following the promotional break, SOU changed their rotation and it worked – as the Raiders never trailed, but needed a 4-0 run to break a 19-19 tie, as Stennett had four kills and the team recorded four blocks to force Set 4. Link led the Lady Yotes with 14 kills, with Kathryn Ely adding ten. Naomi Reimer notched ten kills, 24 assists, six digs, and five blocks, Hernandez had nine kills and six blocks, with both Henning and Ciciley Fox recording eight spikes. Madie Machurek had 26 assists, with Whitney Owen leading all players with 27 digs. The Raiders, who were making their tenth-straight CCC Tournament final appearance, got ten kills and three blocks from Bergstrom, with Stennett adding nine kills and 11 digs. Hartman chipped in with nine kills, Caryn Westrick added 21 assists, and Becky Johnstone notched 17 digs.

ABOUT THE COACH: Liz Mendiola is in her ninth season as The C of I head volleyball coach. During her first eight seasons at the helm, the Coyotes have advanced to seven consecutive CCC tournaments, four NAIA regional tournaments, and trips to the NAIA National Championships in 2005, 2006, and 2008. Last season, the squad won their third-straight CCC title, claimed their third-straight CCC Tournament title, won their NAIA Tournament Opening Round match, and advanced to the NAIA Tournament Final Site in Sioux City, Iowa – with Mendiola earning her third-straight CCC Coach of the Year honors, while being ranked as high as No. 9 in the national poll. During her career, she has amassed a record of 209-76, the most wins and highest winning percentage in school history. In 2006, she led the Lady Yotes to their best season in program history, compiling a 35-4 record - earning CCC and NAIA Region I Coach of the Year honors. The Yotes won their first CCC championship in 24 years, becoming just the second school to complete the league schedule without a loss. The Coyotes also captured their second-straight CCC Tournament title, along with their second-straight NAIA Region I Tournament title, before placing ninth at the NAIA Championships – with that team setting a school-record with 22 straight wins. Her 2009 club will take a 35-match CCC home win streak into the season. Mendiola was an assistant for the Coyotes on two separate occasions – from 1995-96 and from 1999-2000, before elevating to head coach. She has also coached club volleyball at Emmett High, for the Treasure Valley Volleyball Club, the Boise River Volleyball Club, and various camps in the Northwest. A native of Jerome, Mendiola graduated from The C of I in 1996 with a degree in elementary education, and taught kindergarten in Nampa before becoming head coach in 2001. A two-year member of the Coyotes, Mendiola set school records for kills per game (4.86) in 1994, and holds the school mark for kills per game in a career (4.46). She earned All-CCC honors following her senior season with the Yotes. Mendiola is married to former Coyote baseball standout and current C of I softball coach Al Mendiola. The Mendiola's have two children, Aleah and Micah.

FOR MORE INFORMATION: For more information on the Coyote volleyball program, head to the official homepage of the Lady Yotes, www.collegeofidaho.edu/athlete/vball.htm.



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SPORTS RELEASE

2009 Schedule and Results

Date	Opponent	Time/Result
8/29	Rocky Mountain	W 2-1
8/30	Great Falls	W 5-2
9/1	Carroll	L 3-2
9/12	Westminster	W 4-0
9/13	Embry-Riddle (Ariz.)	W 1-0
9/16	Northwest Nazarene	W 4-0
9/25	* Evergreen State	W 5-0
9/26	* Northwest	W 4-0
10/2	* Southern Oregon	W 1-0
10/3	* Oregon Tech	W 2-0
10/9	* Northwest Christian	W 4-0
10/10	* Corban	L 3-2
10/17	* Eastern Oregon	W 3-0
10/23	* Concordia	W 2-1
10/24	* Warner Pacific	W 1-0
10/31	+ Oregon Tech	W 4-0
11/7	+ Concordia	L 1-0

Home Games in Bold (at Simplot Stadium)

- * Cascade Conference Game
- + Cascade Conference Tournament

Cascade Conference Standings

School	CCC	Pts.	Overall
Concordia	8-1-0	24	18- 2-0
College of Idaho	8-1-0	24	14- 3-0
Corban	6-2-1	19	9- 7-3
Oregon Tech	6-3-0	18	13- 6-0
Southern Oregon	5-3-1	16	7- 8-2
Eastern Oregon	4-5-0	12	4- 9-0
Northwest	2-6-1	7	3-10-2
Warner Pacific	2-6-1	7	2-11-3
Northwest Christian	2-7-0	6	3-14-0
Evergreen	0-9-0	0	1-10-4

WOMEN'S SOCCER: Season Recap

LADY YOTES FAIL TO EARN AT-LARGE BERTH TO NATIONALS: It was the slimmest of margins for The C of I women's soccer team to earn an at-large berth to the NAIA National Championships – needing nine different teams to win their conference crown. In the end, six of the nine teams did their jobs – as the Lady Yotes fell three slots short of making their first-ever trip to Nationals. The seventh and final at-large berth was awarded to Auburn-Montgomery, ranked No. 15 in the final national poll – leaving No. 16 Marian (Ind.), No. 18 Olivet Nazarene (Ill.), and the 20th ranked Lady Yotes on the outside looking in. The squad was hurt by losses from McKendree (Ill.), Northwood (Fla.), and Simon Fraser (B.C.) – all of whom gobbled up at-large spots.

LOOKING BACK AT THE SEASON: To say this was the best season of women's soccer at The C of I would be an understatement, as the Lady Yotes put together a remarkable 14-3 overall record, a Cascade Conference co-championship, and a trip to the title game of the CCC Tournament for the second-straight year. The Yotes had defeated just one nationally-ranked team in the first 20 years of the program – while this season, they knocked off three (#21 Rocky Mountain, #23 Embry-Riddle, #5 Concordia). The team set new standards for goals scored in a season with 46 (breaking the old record of 40), recorded more overall points (132) than ever-before, while allowing just 11 goals all season, with the 0.65 goals against average setting a new school record. The Yotes went nearly five weeks without losing a match – setting a new mark with eight-straight wins (all by shutout), holding opponents without a goal for a staggering 740-straight minutes.

MOURITSEN THIRD ON GOALS LIST: CCC Newcomer of the Year, **Erika Mouritsen** (Wellsville, Utah / Dixie State Coll.) had a banner junior season for the Lady Yotes, ranking second in the league with 13 goals scored. That total puts her in elite company, ranking third on the single-season list for goals scored – behind the 18 goals scored by Kristine Halter in 1993 and the 16 goals scored by Becky Robertson in 2001. In just one year, Mouritsen now ranks seventh on the career goals-scored list.

ASSIST LIST HAS NEW MEMBERS: Three members of the 2009 team are now among the Top-10 all-time in assists, including two new players on the chart. **Mandy Greif** (Payette, Idaho / Payette HS) finishes her career with 16 assists – third on the list behind the 32 from Alyssa Latham from 2002-03, and the 20 from Kristine Halter from 1990-93. Joining Greif on the list is **Chelsea Heffner** (Meridian, Idaho / Mountain View HS), who in two seasons, has recorded 12 assists – fourth all-time. Also joining the group is **Jamie Reichel** (Boise, Idaho / Capital HS), who has nine assists in her career, sitting in a five-way tie for sixth-place.

TEN STARTERS RETURN FOR 2010: Things should continue to excel for the Lady Yotes next year, as ten of the 11 players that started the CCC final against Concordia will return. In fact, of the 16 players used during a typical match for The C of I – 13 return, along with 2008 All-CCC striker, **Macy Egerman** (Boise, Idaho / Boise HS), who missed the second half of the year due to injury. A big key will be in goal – with senior keeper **Sadie Hughes** (Courtenay, B.C. / Vanier SS) graduating. **Kelly Hardegree-Ullman** (Boise, Idaho / Mountain View HS) had a remarkable 2009 season, setting a new school record with a 0.52 GAA – but is a natural striker (having led the team in scoring as a freshman).

CCC SCHOLARS: Nine members of the Lady Yotes were recently recognized by the CCC as Academic All-Conference recipients – including sophomores **Anne Ball** (Boise, Idaho / Boise HS), Kelly Hardegree-Ullman, **Justine Hawkins** (Boise, Idaho / Capital HS), Chelsea Heffner, **Jordan Huttash** (Nampa, Idaho / Bishop Kelly HS), and **Jessica Patton** (Eagle, Idaho / Eagle HS), junior **Colleen Smith** (Boise, Idaho / Boise HS), and seniors Mandy Greif and Sadie Hughes. To earn the award, a scholar-athlete must be at least a sophomore academic standing and maintain a 3.2 cumulative grade point average at their current institution.

FOR MORE INFORMATION: For more information on the Coyote women's soccer program, head to the official homepage of the Lady Yotes, www.collegeofidaho.edu/athlete/wmenssoccer.htm.



SPORTS RELEASE

YOTE NOTES – November 16, 2009

C of I Sports Information Director – Mike Safford Jr.
(208) 459-5681
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2009 Schedule and Results

Date	Opponent	Time/Result
9/12	Roger Curran Invite	Men 2nd Women 1st
9/26	Bob Firman Invite	Men 3rd Women DNR
10/3	Montana Invite	Men 3rd Women 3rd
10/17	Idaho State (Dual Meet)	Men 2nd Women 3rd
10/22	Coyote Twilight	Men 1st Women 1st
11/7	CCC Championships	Men 2nd Women 1st
11/21	NAIA Championships	Vancouver, WA

CROSS COUNTRY: NAIA National Championships await C of I men and women on Saturday in Vancouver, Wash.

LAST WEEK: Idle

COMING UP: at NAIA National Championships, Saturday, Fort Vancouver National Historic Site, Vancouver, Wash. – Men’s Race at 10:30 a.m. (PT), Women’s Race at 11:45 a.m. (PT)

NATIONALS CALLING THE YOTES: For the second-straight year, both The College of Idaho men’s and women’s cross country teams will be among the 64-teams vying for a national title on Saturday, as the Yotes travel up I-84 to the NAIA National Championships in the Portland metro area. It marks the fourth time, and the third-straight year that the Coyote men have advanced to the national meet as a team, while it is the second team appearance for the Lady Yotes.

BACK IN THE NORTHWEST: Outside of the NAIA World Series in Lewiston, it marks the first NAIA Championship event to be held in the Pacific Northwest since the NAIA Division II men’s basketball tournament left Nampa in 1999. The NAIA in the past has held the football, swimming, and women’s soccer national championships in the region – but not since the Northwest Conference left the NAIA in 1997. It also marks the first time that the NAIA Cross Country National Championships have been held west of the Mississippi River.

SIZING UP THE MEN’S FIELD: With the Yotes ranked among the Top-10 in the final national poll of the year, The C of I with a quality race, will definitely be in the mix on Saturday. However, on paper, it looks to be a two-team race, as Cascade Conference champion Southern Oregon – who has won all five team meets they have entered this season, will look to dethrone two-time defending national champ, Malone (Ohio). Other teams in the mix are Concordia (Neb.) and Cal State-San Marcos – who have been in the Top-5 all season, along with perennial power, Simon Fraser. Two other CCC schools – Eastern Oregon and Concordia (Ore.) are in the field, along with individual runners from Oregon Tech, Evergreen State, Northwest Christian, and Warner Pacific. No CCC school has won an NAIA title, however, Eastern Oregon has the highest finish among CCC teams at the meet, placing second in 2002.

MEN’S HISTORY AT NATIONALS: It will mark the fifth time that the Coyotes will be competing at Nationals, and the fourth time they will send their entire team. In 2004, the Yotes sent two runners – David Fluckiger and Tyler Hopper to the national meet, with Fluckiger finishing in 94th-place. A year later, the Coyotes sent their entire team to Louisville, Ky., with the Yotes finishing 17th overall – with Fluckiger recording the highest finish by a C of I men’s runner, taking 26th. After narrowly missing the event in 2006, the Yotes returned to the meet in 2007, this time in Kenosha, Wisc. – with a 75th-place finish by Hopper helping the Coyotes to a 23rd-place finish as a team. A year ago, also in Wisconsin, the Yotes placed 20th as a team, thanks to a 59th-place effort from **Paul Sartin** (*Meridian, Idaho / Bishop Kelly HS*)

SIZING UP THE WOMEN’S FIELD: Ranked in the Top-6 for the majority of the season, the Lady Yotes have the ability to find themselves on the podium following Saturday’s race. The odds-on favorite to win the event, however, is top-ranked and defending champ, Azusa Pacific – who has been near unstoppable this fall. Two other California schools – CSU-San Marcos and Biola, along with ten-time NAIA champ Simon Fraser will be hot on their heels. Although the meet has never been held in the West, the West has dominated the event – winning 20 of the last 22 national titles, including Northwest University’s 2002 national championship. The CCC will also be represented by Concordia (Ore.) as the host institution, while Eastern Oregon, Southern Oregon, Northwest Christian, and Warner Pacific will all have individuals competing.

WOMEN’S HISTORY AT NATIONALS: Although it is the second time the Lady Yotes have competed at the meet as a team, it marks the fifth time that the squad has had an entry at Nationals. In both 2004 and 2005, Shannon Edwards represented the Lady Yotes – finishing 112th during C of I’s first year as a program, backing it up with a solid 48th-place finish the following year. In 2007, **Stephanie Helm** (*Challis, Idaho / Challis HS*) carried the Coyote banner at Nationals, recording a 31st-place finish – before earning All-America honors last season after a school-record 12th-place finish, helping The C of I to a ninth-place finish overall as a team.

THE NIKE EXPERIENCE: The Yotes have an exciting trip planned for the weekend – as the team will embark from Caldwell on Thursday morning. Following a preview of the course along the Columbia River on Friday, the team will head to the Nike World Headquarters in Beaverton – getting a tour of the 176-acre campus, before a dinner at the Tiger Woods Center with keynote speaker, famed American distance runner, Alberto Salazar.

FOR MORE INFORMATION: For more information on The C of I cross country program, head to the official homepage of the Coyotes, <http://www.collegeofidaho.edu/athlete/xc.asp>.



YOTE NOTES – November 17, 2009

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SPORTS RELEASE

WOMEN'S BASKETBALL: After long weekend, Lady Yotes head to La Grande for non-conference tilt with Willamette

2009-10 Schedule and Results

Date	Opponent	Time/Result
11/12	! Carroll	W 79-64
11/13	! Westminster	L 93-91
11/14	! Montana Western	L 78-67
11/20	Willamette (at EOU)	7 p.m. PT
11/27	# Whitman	7 p.m.
11/28	# Puget Sound	5 p.m.
12/4	* Northwest	5:30 p.m. PT
12/5	* Evergreen State	5:30 p.m. PT
12/11	Whitworth	5 p.m. PT
12/18	* Oregon Tech	5:30 p.m.
12/19	* Southern Oregon	5:30 p.m.
12/30	* Warner Pacific	5:30 p.m. PT
12/31	* Concordia	5:30 p.m. PT
1/8	* Eastern Oregon	5:30 p.m. PT
1/15	* Corban	5:30 p.m.
1/16	* Northwest Christian	5:30 p.m.
1/22	* Southern Oregon	5:30 p.m. PT
1/23	* Oregon Tech	5:30 p.m. PT
1/29	* Concordia	5:30 p.m.
1/30	* Warner Pacific	5:30 p.m.
2/5	* Eastern Oregon	5:30 p.m.
2/12	* Northwest Christian	5:30 p.m. PT
2/13	* Corban	5:30 p.m. PT
2/19	* Evergreen State	5:30 p.m.
2/20	* Northwest	5:30 p.m.
2/23	CCC Quarterfinals	TBA
2/26	CCC Semifinals	TBA
3/1	CCC Championship	TBA
3/10-16	NAIA National Tournament	TBA

Home Games in Bold

- * Cascade Conference Game
- ! Westminster Classic
- # Best Western Lady Yote Classic
- + Exhibition Game
- PT Pacific Time

Cascade Conference Standings

School	CCC	Overall
Southern Oregon	0- 0	4- 0
Concordia	0- 0	2- 0
Northwest Christian	0- 0	4- 2
Eastern Oregon	0- 0	3- 2
Northwest	0- 0	1- 1
Warner Pacific	0- 0	1- 1
Oregon Tech	0- 0	2- 4
College of Idaho	0- 0	1- 2
Corban	0- 0	0- 2
Evergreen State	0- 0	0- 3

LAST WEEK: at Westminster Fall Classic – vs. No. 23 Carroll (W 79-64), vs. Westminster (L 93-91), vs. Montana Western (L 78-67), exhibition at Utah Valley (L 72-56)

COMING UP: vs. Willamette (at EOU), Friday, 7 p.m. (PT)

LIVE STATS/VIDEO: Friday's game vs. Willamette at Quinn Coliseum in La Grande, Ore., will have both Live Stats and Live Video available. Access the Live Video online via Penn Atlantic at www.pennatlantic.com, with Live Stats at <http://www.sidearmstats.com/eou/wball/index.htm>.

WHEW...THE WEEKEND IS OVER: Talk about a whirlwind weekend for the Lady Yotes – four games in five nights, all in Utah. The C of I played games Thursday through Saturday at the Westminster Fall Classic, going 1-2, before putting up a game effort on Monday in an exhibition loss at Utah Valley. The Coyotes have just three more tune-ups before the opening of Cascade Conference play on Dec. 4.

RETURNERS HAVE BIG TRIP: For the Coyote returners, it was a great opportunity to get rid of the rust after the off-season. **Nicole Gall** (Boise, Idaho / Santa Clara U.) showed why she was the CCC's Preseason Player of the Year, averaging 20 points and six rebounds a game – while leading the club with ten assists in the three counting games. Also off to a good start is post **Nicole Bruce** (Boise, Idaho / Bishop Kelly HS), who averaged 12 points and three rebounds, while converting 57-percent of her field goal opportunities. A pleasant surprise were the play of seniors **Katee Brewer** (Arco, Idaho / Butte County HS) and **Katie Strunk** (Shoshone, Idaho / Walla Walla CC). Brewer averaged eight points a game – going 5-of-10 from outside the arc, while Strunk averaged six points and a team-high six rebounds per game, while scoring 13 in the exhibition game at Utah Valley.

RICKMAN, HANSEN HAVE BREAKOUT GAMES: For the Yotes to be successful this season, they will need production off the bench – which is what they received from juniors **Tyra Rickman** (Burns, Ore. / Burns HS) and **Brianna Hansen** (Kuna, Idaho / Kuna HS). Rickman provided big minutes against Westminster, scoring a career-high nine points and grabbing six rebounds, while Hansen averaged eight points a game – including a career-high ten points vs. Montana Western.

NEWCOMERS SHOW FLASHES OF EXCELLENCE: Three newcomers to the program saw extended minutes on the trip – with each having their ups and downs. Freshmen guards **Katelin Shannon** (Caldwell, Idaho / Vallivue HS) and **Brette Rubie** (Missoula, Mont. / Sentinel HS) both averaged four points and two rebounds per game – with Rubie recording eight steals in the loss to Montana Western. However, the duo combined for 18 turnovers over the weekend as they learn the speed of the collegiate game. Transfer **Marquina Gilliam-Hicks** (Wichita Falls, Texas / Salt Lake CC) played well off the bench for the Yotes, averaging ten points and three rebounds per game, while connecting on 52-percent of her field goal attempts.

TURNOVERS A CONCERN: Though the Lady Yotes forced 29 turnovers a game through their high-pressure defense, the team must shore up handling the ball in the offensive end. The C of I turned the ball over 27 times a game themselves, including 30 miscues in the two-point loss to Westminster.

FIRST LOSS WHEN SCORING OVER 90: Coming into the season, the Lady Yotes were a perfect 27-0 all-time when scoring 90 points or more. Make that 27-1, as Westminster toppled the Coyotes, 93-91 during the weekend. Previously, the most points The C of I had scored in a loss was 88, in a 101-88 loss to Corban in 2006-07.

A CONDENSED HOLIDAY CLASSIC: For the first time since 2006, the Lady Yotes will head to La Grande, Ore., for the Aramark Holiday Classic, hosted by Eastern Oregon. However, the Coyotes will play just one game – as the fourth team in the tournament (Linfield College), pulled out of the event this summer and EOU was unable to find a replacement team. The C of I competed in the event each year from 2004-06, compiling a 1-1 record each year.

ABOUT WILLAMETTE: The C of I will tangle Friday with NCAA Division III member **Willamette University**, the third time in the last four years that the Bearcats (4-18 in 2008-09) will meet the Yotes. After a difficult season last year that saw their head coach Bruce Henderson pass away in December, the Bearcats look to honor his memory under first-year skipper Anne Lapray – returning a pair of starters in Alex Zennan (12.7 ppg), and Nicki Cloudsley (4.7 ppg, 5.9 rpg). Handling the basketball will be the concern for WU, as the 'Cats have averaged 41 turnovers against the Yotes in the previous two meetings – a C of I 75-61 win in 2006 and an 84-53 C of I win last year.

RECORD BOOK: Five members of the Lady Yotes are currently listed in The C of I career Top-10 in various statistical categories. Leading the way as senior **Kayla Isham** (Arco, Idaho / Butte County HS), who ranks in four different categories – No. 6 in games started (86), No. 8 in games played (96), No. 9 in steals (128), and No. 10 in three-pointers made (59). **Whitney Owen** (Caldwell, Idaho / Vallivue HS) ranks eighth in both free throws made

(190) and attempted (274), while tied with Isham with 59 career three-pointers. Nicole Gall ranks sixth in both three-pointers made (106) and attempted (270), Nicole Bruce is third all-time in blocked shots (62), and Katee Brewer is tenth all-time in games played (93).

EARLY CCC STATISTICS: Scoring Average – Jacki Speer (SOU) 28.0, Nicole Gall (C of I) 19.7, Jessica Wilkerson (NU) 17.5, Lori Renner (NCU) 15.0, Kristina Schumacher (WP) 15.0; Rebound Average – Speer 16.8, Krystal Smith (SOU) 9.5, Sarah Eischen (CU) 8.0, Emily Brookins (SOU) 7.3, Ashlee Michelson (EOU) 7.2; Assists Average – Latrina Woods (ESC) 4.0, Cameryn Calhoun (WP) 4.0, Rachel Scarpelli (CU) 3.5, Nicole Morgan (OIT) 3.3, Gall 3.3.

CUMULATIVE STATISTICS:

P L A Y E R	GP-GS	MIN--AVG	T O T A L		3-POINTERS			R E B O U N D S				PF-FO	A	T O	B L K	S T	P T S	- AVG								
			FG	FGA	PCT	FG	FGA	PCT	FT	FTA	PCT								OFF	DEF	TOT--AVG					
31 GALL, Nicole	3	3	109	36.3	21	49	.429	11	30	.367	6	7	.857	2	15	17	5.7	8	0	10	24	2	8	59	19.7	
33 BRUCE, Nicole	3	3	67	22.3	13	22	.591	0	0	.000	10	15	.667	4	6	10	3.3	13	1	3	8	4	6	36	12.0	
13 GILLIAM-HICKS, Marq	3	0	70	23.3	12	23	.522	0	1	.000	5	8	.625	1	8	9	3.0	7	0	6	11	0	6	29	9.7	
42 HANSEN, Brianna	3	0	47	15.7	12	22	.545	0	0	.000	1	1	1.00	3	5	8	2.7	10	0	0	4	0	5	25	8.3	
12 BREWER, Katee	3	0	28	9.3	7	12	.583	5	10	.500	4	6	.667	1	4	5	1.7	5	0	3	0	0	6	23	7.7	
21 STRUNK, Katie	3	3	56	18.7	6	12	.500	0	1	.000	5	6	.833	7	11	18	6.0	3	0	2	11	0	8	17	5.7	
03 SHANNON, Katelin	3	0	66	22.0	2	5	.400	0	1	.000	9	12	.750	3	3	6	2.0	7	0	5	9	0	2	13	4.3	
23 RICKMAN, Tyra	3	0	50	16.7	6	9	.667	0	0	.000	1	2	.500	2	7	9	3.0	5	0	7	2	0	1	13	4.3	
24 RUBIE, Brette	3	3	47	15.7	5	19	.263	0	0	.000	3	7	.429	4	2	6	2.0	6	0	6	9	0	10	13	4.3	
11 ISHAM, Kayla	3	3	26	8.7	2	4	.500	1	3	.333	0	0	.000	1	1	2	0.7	1	0	5	2	0	0	5	1.7	
14 HUGHES, Meghan	3	0	24	8.0	2	7	.286	0	1	.000	0	0	.000	1	4	5	1.7	2	0	2	3	0	1	4	1.3	
44 RASMUSSEN, Rachel	1	0	10	10.0	0	1	.000	0	0	.000	0	0	.000	0	1	1	1.0	1	0	0	0	1	0	0	0.0	
TEAM REBOUNDS.....														3	9	12										
College of Idaho	3		600		88	185	.476	17	47	.362	44	64	.688	32	76	108	36.0	68	1	49	83	7	53	237	79.0	
Opponents	3		600		79	184	.429	17	56	.304	60	88	.682	45	75	120	40.0	57		55	87	8	57	235	78.3	

CCC PRESEASON POLL: For the first time in program history, the Lady Yotes were picked to win the 2009-10 CCC championship, as the league's preseason poll was released on Oct. 19. The past two seasons, The C of I was picked second by the coaches in the loop (after four-consecutive years of being picked either fifth or sixth in the league), but the new crew received 93 voter points and four first-place votes to claim the top slot in the ten-team league. Southern Oregon received four first-place votes and finished two points behind the Coyotes, while Concordia, who shared last season's title with the Yotes, received the remaining two first-place votes and 81 total points. Warner Pacific finished fourth in the polling, followed by Eastern Oregon.

NAIA TOP-25 PRESEASON POLL: A year after elevating to No. 8 in the NAIA Top-25 Coaches Poll, the Lady Yotes will begin the new season among the nation's elite, earning a No. 12 ranking in the initial national poll, released Oct. 26 by the NAIA. It is the 12th-straight time that the Lady Yotes have been ranked in the Top-25, dating back to last December. It marks the first time that The C of I has begun the season in the Top-25 since 2001 and is the highest preseason ranking for the Lady Yotes since they were No. 6 to start the 2000-01 season – when they advanced to the NAIA Division II national title game. Two other teams from the CCC are in the poll – No. 18 Southern Oregon and No. 21 Concordia, while two non-conference opponents, No. 23 Carroll and receiving votes Westminster, are in the NAIA Division I poll.

GAME RECAP – C OF I 79, CARROLL 64: Nicole Gall scored a game-high 20 points and The C of I forced 27 turnovers, as the Lady Yotes upset Carroll College, 79-64, on Thursday night. The Lady Yotes defeated the Fighting Saints, ranked No. 23 in the NAIA Division I preseason poll, for the first time in eight meetings and the first time this decade. After trailing 36-27 at the break, Carroll closed the gap to 41-36 five minutes into the second half on a trey by Alysha Green, but the Yotes responded, as Gall connected on a long trey to spark an 11-1 run - pushing the margin to 52-37. The Saints would get no closer than eight points the rest of the way. Gall added five assists and four steals, but committed ten turnovers in the win. Post Nicole Bruce scored 13, with Marquina Gilliam-Hicks adding 12 points, five rebounds, and three assists in her C of I debut. Green led the Frontier Conference school with 17 points, with Elly Bruursema adding 11. The Lady Yotes shot a scorching 53-percent from the field, while holding a 40-36 edge on the glass. The Saints shot just 5-of-20 from long range, well below their season average of 60-percent through their first two games.

GAME RECAP – WESTMINSTER 93, C OF I 91: McKenzie Jessop converted two free throws with seven seconds remaining, as Westminster College rallied late to top The College of Idaho, 93-91, Friday in Salt Lake City, Utah. The NAIA Division I Griffins rallied from an eight-point deficit in the final three minutes to hand the Lady Yotes their first-ever loss when scoring 90-or-more points. The Coyotes took a 90-82 lead with 3:07 left on Nicole Gall's seventh three-pointer of the night. However, Westminster dialed up from long range as Keisha Catten, Dani Evans, and Jessop knocked down consecutive treys to tie the game at 91-91. Marquina Gilliam-Hicks missed a pair of jumpers that would have given The C of I the lead, before Jessop was fouled - splashing both freebies to give the Griffins their first lead since the 18-minute mark of the second half. The Yotes would have one final chance, as Gilliam-Hicks tried a 23-footer from the left wing at the horn, but it rimmed out. Gall scored a game-high 27 points, with Nicole Bruce adding 13. Tyra Rickman and Katie Strunk each had nine points and six rebounds, with Brianna Hansen and Katee Brewer coming off the bench to score eight. The Lady Yotes hit 57-percent of their field goal attempts, including ten three-pointers, but were plagued by 30 turnovers. Six Westminster players scored in double-figures, led by Jessop and Catten with 17. Evans chipped in with 16 points, while Allie Eastman scored 12.

GAME RECAP – MONTANA WESTERN 78, C OF I 67: Montana Western forced eight turnovers in a 28-4 run to open the second half, as the Bulldogs defeated The C of I, 78-67, on Saturday afternoon. The Bulldogs scored the first 18 points of the stanza, erasing a 32-30 halftime deficit, in salvaging their lone win in the Beehive State. The lead would balloon to 58-36 with just under ten minutes remaining, allowing Western to cruise to the victory. The Lady Yotes forced 41 UMW turnovers - including eight steals from Brette Rubie, but could only convert them into 33 points. Five players scored in double-figures, as Nicole Gall and Marquina Gilliam-Hicks each scored 12, with Nicole Bruce, Katee Brewer, and Brianna Hansen each scoring ten - but The C of I finished just 35-percent from the field. Western got 18 points from Laura Tams and rode a 55-29 edge on the glass to the victory.

EXHIBITION RECAP – UTAH VALLEY 72, C OF I 56: Preseason Great West Conference Player of the Year Julie Smith scored a game-high 16 points, as Utah Valley weathered a long first half drought to defeat The C of I, 72-56, Monday inside McKay Arena in Orem, Utah. The NCAA Division I Wolverines forced four turnovers in a second half opening 12-3 run to build a 46-32 lead with 15:31 remaining in the game. The Lady Yotes, playing the game as an exhibition, clawed within 54-48 on a Katie Strunk trey with just under eight minutes remaining - but could not get closer. Early on, UVU used an 8-0 run to grab a 15-7 lead five minutes into the game, but went without a field goal for a six minute stretch, as the Lady Yotes rattled off 15-straight points, capped by a Nicole Gall triple, taking their biggest lead of the night at 22-15. The Wolverines would counter, grabbing the lead for good as part of an 11-0 run to grab their second straight win of the season. Smith was one of four players for UVU in double-figures, as Asumi Nakayama, Blake Reynolds, and Kyra Prause each scored ten. Gall led The C of I, who were playing their fourth game in five nights, with 14 points, with Katie Strunk adding 13, and Nicole Bruce scoring eight along with a game-high nine rebounds.

FOR MORE INFORMATION: For more on The C of I women's basketball team, head to the official homepage of the Lady Yotes, www.collegeofidaho.edu/athlete/wmensbasketball.htm.



SPORTS RELEASE

YOTE NOTES – November 17, 2009

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2009-10 Schedule and Results

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11/10	Northwest Nazarene	W 79-72
11/20	! Lewis-Clark State	8 p.m.
11/21	! Westminster	8 p.m.
11/27	# Westminster	7:30 p.m.
11/28	# Carroll	5:30 p.m.
12/4	* Northwest	7:30 p.m. PT
12/5	* Evergreen State	7:30 p.m. PT
12/8	+ Northwest Nazarene	7:05 p.m.
12/11	\$ Portland Bible	8 p.m.
12/12	\$ Montana Western	8 p.m.
12/18	* Oregon Tech	7:30 p.m.
12/19	* Southern Oregon	7:30 p.m.
12/30	* Warner Pacific	7:30 p.m. PT
12/31	* Concordia	7:30 p.m. PT
1/8	* Eastern Oregon	7:30 p.m. PT
1/15	* Corban	7:30 p.m.
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2/20	* Northwest	7:30 p.m.
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3/2	CCC Championship	TBA
3/10-16	NAIA National Tournament	TBA

Home Games in Bold

*	Cascade Conference Game
!	Golden Rule Shoot-Out
#	Westminster Holiday Classic
\$	C of I/NUU Holiday Classic
+	Exhibition Game
PT	Pacific Time

Cascade Conference Standings

School	CCC	Overall
Concordia	0- 0	4- 0
Corban	0- 0	3- 0
College of Idaho	0- 0	1- 0
Oregon Tech	0- 0	5- 1
Eastern Oregon	0- 0	3- 1
Warner Pacific	0- 0	3- 1
Northwest Christian	0- 0	5- 2
Northwest	0- 0	2- 1
Southern Oregon	0- 0	2- 1
Evergreen State	0- 0	2- 2

MEN'S BASKETBALL: Coyotes set to host 23rd Annual Duane Wolfe Memorial Golden Rule Shoot-Out

LAST WEEK: vs. Northwest Nazarene (W 79-72)

COMING UP: Host 23rd Annual Duane Wolfe Memorial Golden Rule Shoot-Out, Friday – Northwest vs. Westminster, 6 p.m., C of I vs. Lewis-Clark State, 8 p.m.; Saturday – Northwest vs. Lewis-Clark State, 6 p.m., C of I vs. Westminster, 8 p.m.

LIVE STATS/VIDEO: No radio broadcasts will originate from this weekend's tournament. Live video of each game will be available online through Penn Atlantic's website at www.pennatlantic.com. Live statistics of each game will be available online at <http://yotestats.i8.com/basketball/xlive.htm>.

TICKET INFORMATION: Tickets for the games are currently on sale by calling the athletic marketing office at The C of I at 459-5835. Ticket prices are \$12 for reserved tickets, \$7 for general admission tickets, and \$5 for student/senior tickets. Gates will open one hour prior to tip-off.

TOP SMALL COLLEGE TOURNAMENT RETURNS FOR 23RD RUN: This weekend marks the 23rd edition of the Duane Wolfe Memorial Golden Rule Shoot-Out, tabbed the "Premier Small-College Tournament in the West." A total of 31 different teams have played in the tournament from 1987-2006, which has seen six different champions – as Lewis-Clark State will make their third appearance in the tournament (1993 and 2001), with Westminster making their tenth-straight appearance. Cascade Conference rival Northwest will be headed to Golden Rule for the first time, the fifth different current CCC team to play in the event (joining Oregon Tech, Corban, Concordia, and Eastern Oregon).

PAST GOLDEN RULE CHAMPIONS: 2008 – Westminster, 2007 – Westminster, 2006 – College of Idaho, 2005- Westminster, 2004 – C of I, 2003- Westminster, 2002 – C of I, 2001 – Westminster, 2000 – C of I, 1999 – C of I, 1998 – Northwest Nazarene, 1997 – NNU, 1996 – NNU, 1995 – Willamette, 1994 – C of I, 1993 – C of I, 1992 Central Washington, 1991 – NNU, 1990 – C of I, 1989 – CWU, 1988 – NNU, 1987 – NNU.

ABOUT LEWIS-CLARK STATE: For the second-straight year, the Coyotes will rekindle their rivalry with their Gem State friends to the north, **Lewis-Clark State**. Coming off a rough season in which they managed an 11-14, the Warriors (4-0) have started strong, including quality wins over Warner Pacific and Vanguard. Tim Walker's bunch is led by transfer Markus Monroe (23.0 ppg, 4.0 rpg) and former Eastern Oregon standout Tanner McIntosh (12.0 ppg, 6.5 rpg), along with seven-foot center James Craft (7.3 ppg, 5.5 rpg). L-C played for the GRSO title in 1993, losing to the Coyotes, 72-66, while placing third in the tourney in 2001. It is the 74th meeting between the teams, dating back to 1935, with the Yotes holding a 42-31 series edge.

ABOUT WESTMINSTER: Returning to defend their Shoot-Out titles from 2007 and 2008 is **Westminster**, ranked No. 9 in the NAIA Division I preseason poll. The Griffins (1-3) are coming off their best season in program history, posting a 30-5 record and advancing to the quarterfinals of the NAIA Tournament – however have dropped three games to quality teams (Warner Pacific, Concordia-Irvine, Fresno Pacific). Only one starter from last season returns in point-guard Jeramie Hopson (5.5 ppg, 3.5 rpg), but returners Blair Prowse (17.3 ppg, 6.5 rpg) and Weston Anderson (18.0 ppg, 4.0 rpg), and newcomer Ben Walker (13.5 ppg, 8.5 rpg) will help fill the void of the graduated Geoff Payne, the 2009 NAIA Player of the Year. Tommy Connor's squad has won five GRSO titles and has played the Yotes in Saturday's tournament featured game every year since 2000. It is the 34th meeting between the clubs since 1947, with the Griffins holding a slim 17-16 edge.

ABOUT NORTHWEST: Because of the Classic format, the one team the Yotes will not meet in the GRSO is their CCC rival, **Northwest** – whom they'll open league play against on Dec. 4. The Eagles (2-1) have tight wins over Montana Tech and Portland Bible, along with a loss at Pacific Union (not counting exhibition losses at Northwest Nazarene and Western Washington). NU is led by big-man Greg George (17.0 ppg, 10.0 rpg), along with Blake Solomon (15.0 ppg) and Tyson Christie (14.7 ppg, 6.7 rpg). It is the Eagles first-ever appearance in the Tournament.

POTTS TAKES OVER NNU GAME: A rigorous off-season training regimen paid off for guard **Kelvin Potts** (Oakland, Calif. / Chabot CC) utilized his quickness to pour in 17 second half points in the win last week over Northwest Nazarene. The senior beat defenders on two consecutive dribble-drives late in the game for three-point plays to help secure the win in front of the sellout crowd. His 23-point night was the third time he has scored 20-or-more in his Coyote career, joining 26-point efforts against Northwest and Southern Oregon last season.

BALLENGER WINS BATTLE OF SKYVIEW STARS: They were teammates on 4A Championship teams in 2005 and 2006 at Skyview High, nearly winning another title in 2007 – but Tuesday, **Matt Ballenger** (Nampa, Idaho / U. of Colorado) and NNU's Louie Beech squared off against each other on the hardwood. When the dust settled, it was Ballenger who dominated the match-up, scoring ten points and pulling down eight rebounds in his first college basketball game. Beech scored just two points, did not convert a field goal, and fouled out late in the game.

- more -

TRANSFERS IMPRESS: Guards **Steve Peres** (*Palos Verdes, Calif. / El Camino CC*) and **Noah Gottlieb** (*Los Angeles, Calif. / Chaminade U.*) had impressive debuts with the Yotes in the victory. Peres hit an early three-pointer, made a couple nifty drives to the basket, and converted 5-of-6 free throws late, part of a 14-point, five rebound evening. Gottlieb had a well-rounded night, scoring eight points, with seven rebounds and six assists – without recording a turnover.

MC GEE ADDS ANOTHER DOUBLE-DOUBLE: Battling a double-team and foul trouble much of the night, **Craig McGee** (*Boise, Idaho / Centennial HS*) opened his senior season on a good note with 11 points and ten rebounds, knocking down all three of his field goal attempts. The double-double was the 21st of his Coyote career.

CCC LEADERS: Scoring Average – Nate Menefee (ESC) 35.5, Ben Potloff (CRB) 27.7, Alex Tiefenthaler (CU) 23.3, Kelvin Potts (C of I) 23.0, Jake Glisson (WP) 22.0; Rebound Average – Kaylone Riley (WP) 14.8, Greg Peters (NU) 11.7, Greg George (NU) 10.0, Craig McGee (C of I) 10.0, Ian Logan (CRB) 9.3; Assist Average – Noah Gottlieb (C of I) 6.0, Justin Parnell (OIT) 5.5, Joseph Foster (OIT) 4.8, Gage Aker (CU) 4.8, Menefee 4.7.

RECORD BOOK: Two Coyotes rank among the top-ten in C of I basketball career records one week into the 2009-10 season. Craig McGee finds himself second all-time in free throw attempts (467), fourth in blocked shots (79), sixth in rebounds (570), and seventh in free throws made (286), while sitting just outside the Top-10 in points scored (1,034), field goals made (383), and attempted (681), and games played (91). Also on the list is **Jabari McIntosh** (*Union City, Calif. / West Valley CC*), who is No. 9 all-time in blocked shots (48).

CCC PRESEASON POLL: The Coyotes were picked to win the CCC, as the ten-league coaches gave the Yotes six first-place votes, finishing ahead of Oregon Tech and Warner Pacific. It marked the highest preseason ranking in the league under head coach **Mark Owen** (*10th year, 1810-110*) – as the Yotes were ranked second in the preseason poll in both 2002-03 and 2003-04, and haven't been ranked higher than fourth since 2005-06. Defending champion, Oregon Tech, claimed two first-place votes and were second, followed by Warner Pacific, Evergreen State, and Eastern Oregon – each teams that advanced to the NAIA Tournament (with EOU reaching the quarterfinals and OIT and ESC reaching the second-round). The preseason No. 1 team in the league has been a good place to be – as during the seven years the CCC has conducted the poll, the favorite has advanced to the NAIA Tournament each year, while winning the league title four of the seven seasons.

NAIA TOP-25 PRESEASON POLL: For the first time since the 2005-06 season, the Coyotes will begin the season ranked in the Top-25, earning a No. 8 ranked in the NAIA Division II Preseason Top-25 Coaches Poll, released on Oct. 26. It marks the first time since the 2006-07 season that the Yotes have been in the Top-25, while the squad has received at least one vote in the poll every season since the NAIA split into two divisions in 1991. It is the highest ranking for the Coyotes since they ascended to No. 5 during the 2004-05 season and is the highest preseason ranking since opening the 1999-00 season at No. 2. Three other CCC teams were in the Top-25 – No. 11 Oregon Tech, No. 18 Warner Pacific, and No. 22 Evergreen State.

CUMULATIVE STATISTICS:

P L A Y E R	GP-GS		MIN--AVG		T O T A L			3-POINTERS			R E B O U N D S				PTS - AVG										
	GP	GS	MIN	AVG	FG	FGA	PCT	FG	FGA	PCT	FT	FPA	PCT	OFF	DEF	TOT	AVG	PF	FO	A	TO	BLK	ST	PTS	AVG
05 POTTS, Kelvin	1	1	40	40.0	8	16	.500	1	2	.500	6	8	.750	1	1	2	2.0	2	0	3	1	0	2	23	23.0
03 PERES, Steve	1	1	33	33.0	4	9	.444	1	4	.250	5	7	.714	0	5	5	5.0	4	0	0	1	0	1	14	14.0
22 BERGERSON, Brian	1	0	23	23.0	4	6	.667	2	4	.500	2	2	1.00	0	0	0	0.0	1	0	0	1	0	0	12	12.0
30 MCGEE, Craig	1	1	24	24.0	3	3	1.00	0	0	.000	5	6	.833	4	6	10	10.0	5	1	1	3	0	1	11	11.0
04 BALLENGER, Matt	1	1	29	29.0	3	12	.250	1	6	.167	3	5	.600	0	8	8	8.0	4	0	0	3	0	2	10	10.0
24 GOTTLIEB, Noah	1	1	38	38.0	2	10	.200	0	4	.000	4	6	.667	1	6	7	7.0	1	0	6	0	0	1	8	8.0
32 MCINTOSH, Jabari	1	0	13	13.0	0	2	.000	0	0	.000	1	2	.500	3	0	3	3.0	5	1	0	2	0	1	1	1.0
TEAM REBOUNDS.....												1	1	2											
College of Idaho	1		200		24	58	.414	5	20	.250	26	36	.722	10	27	37	37.0	22	2	10	11	0	8	79	79.0
Opponents	1		200		24	59	.407	3	17	.176	21	28	.750	12	31	43	43.0	28		17	14	2	5	72	72.0

GAME RECAP – C OF I 79, NORTHWEST NAZARENE 72: Kelvin Potts scored 17 of his game-high 23 points in the second half, as The C of I knocked off NCAA Division II Northwest Nazarene, 79-72, in the United Heritage Tip-Off before a standing-room only crowd of 2,422 in the J.A. Albertson Activities Center. The win for the NAIA No. 8 ranked Coyotes was their sixth win in eight tries against their Canyon County rivals - and their 112th victory in 184 all-time meetings in the longest collegiate basketball rivalry in the State of Idaho. The Yotes used an early 9-0 run, capped by a Craig McGee free throw, to take an 18-12 lead midway through the first half, with Matt Ballenger canned a long three-point just before the final horn to build a 39-32 halftime edge. However, the Crusaders - playing the game as their final exhibition of the season, scored the first eight points of the second half, with Brian Barkdoll's tough lay-up giving NNU a 41-39 edge. The teams would see-saw through eight ties and nine lead changes, before a Potts jumper with just under ten minutes to play gave The C of I the lead for good at 54-52. The margin would swell to 66-59 after back-to-back **Brian Bergerson** (*Modesto, Calif. / Modesto CC*) treys, before NNU would make a late charge, clawing within 66-64 on a pair of Kendall Gielow freebies. Potts would put it away, recording back-to-back three-point plays on driving lay-ups, with Steve Peres converting 5-of-6 free throws down the stretch for the win. Peres had 14 points for the Yotes, with Bergerson coming off the bench to score all 12 of his points in the second half. Craig McGee had 11 points and ten rebounds, Ballenger added ten points and eight boards in his collegiate debut, with Noah Gottlieb scoring eight points, with seven rebounds and six assists. Barkdoll led NNU with 19 points, with Gielow having a monster night with 15 points and 14 rebounds, while Drew Eisinger chipped in with 15 points.

ABOUT THE COACH: Mark Owen is in his tenth season as head men's basketball coach at The C of I. After serving for nine seasons as an assistant to NAIA Hall-of-Fame coach Marty Holly with the Coyotes, Owen took over the reins during the 2000-01 season - and has directed the school to five 20-win seasons, three Cascade Conference Tournament championships, and five NAIA National Tournament appearances, compiling a 181-110 all-time record. Under his direction, The C of I has been ranked or received votes in the NAIA Top-25 in all nine of his seasons as coach. The Yotes have been ranked as high as No. 3 in the NAIA Division II national poll, with his 2003-04 club winning the first CCC regular-season championship since 1996 - earning Owen CCC Coach of the Year honors. While an assistant to Holly, Owen was primarily responsible for running the Coyote offense, which averaged over 78 points per game - including the 1995-96 NAIA Division II National Championship team that averaged 85.4 points per game. Prior to joining the Coyote coaching staff, Owen coached at Marsing High School for four seasons, leading the Huskies to a 21-4 record and a fifth-place finish in the 1990 Idaho State 'A-4' basketball tournament. Owen, the Coyotes' all-time assist leader, competed for the College of Idaho from 1982-1985, leading the school to back-to-back NAIA District II championships and its first appearance at the NAIA National Basketball Tournament in 22 years. As a senior, Owen was a third-team NAIA All-America pick, NAIA District II Player of the Year, and first-team Little All-Northwest. He was also selected as the NAIA's National Player of the Week during his senior season. During his three-year career, Owen dished out 631 assists (7.1 per game), while scoring 1,242 career points (14.0 per game). Owen holds the single-season C of I record with 244 assists and also holds the school's second-highest single-game scoring mark with 47 points. For his endeavors, he was inducted into The C of I Athletic Hall-of-Fame in 1996. Following his collegiate career, Owen was drafted by the Portland Trailblazers in the seventh-round of the 1985 NBA Draft. He is a graduate of Boise High, where he helped the Braves to the 1980 A-I basketball championship. Owen has three children - daughters Amanda and Whitney, and son Josh - who was an NAIA All-American for the Yotes in 2008.

FOR MORE INFORMATION: For more on The C of I men's basketball program, head to the official homepage of the Coyotes, www.collegeofidaho.edu/athlete/mensbasketball.asp.



SPORTS RELEASE

YOTE NOTES – November 16, 2009

C of I Sports Information Director – Mike Safford Jr.
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msafford@collegeofidaho.edu

2009-10 Schedule and Results

Date	Opponent	Time/Result
10/17	Whitman	Men (L 124-78) Women (L 146-56)
11/21-22	Northwest Invitational	9 a.m. PT
12/4	Linfield	6 p.m. PT
12/5	Lewis & Clark	TBA
1/9-10	Pacific Lutheran	1 p.m. PT
1/30	Pacific	TBA
3/4-6	NAIA Championships	All Day

SWIMMING: After month off, Coyotes head to Portland for the Northwest Invitational

LAST WEEK: Idle

COMING UP: at Northwest Invitational, Friday-Saturday, Portland, Ore.

BACK IN THE SWING OF THINGS: After a month away from competition, The College of Idaho swim team will return to the pool this weekend, competing in the Northwest Invitational, hosted by Lewis & Clark College in Portland, Ore. The two-day meet will give the Coyotes an opportunity to swim both long and short-course races against some of the best small-college competition in the Northwest.

YOTES HISTORY AT NWI: It marks the sixth-straight season that the Coyotes have competed in the Northwest Invitational – with the meet being held twice for the second time in Portland (The C of I has also traveled to Parkland, Wash., McMinnville, Ore., and Spokane, Wash., for the event). Last season, the Coyote men finished sixth out of eight teams, with the Lady Yotes placing ninth of nine teams. The best finishes by The C of I contingent was during the 2007-08 season – when the men placed fourth and the ladies fifth. No C of I women’s swimmer has won an event at the NWI, however, the Coyote men have claimed five individual titles (Matt Barclay in the 50-free in 2005-06, John Green in the 50-free and 100-free in 2006-07 and 2008-09) and two relay crowns (200-free relay in 2005-06 and 2006-07).

WHO WILL BE THERE: It will be an exclusive group of NCAA Division III competition at the NWI – as the Yotes will meet Northwest Conference teams in Lewis & Clark, Linfield, Pacific, Pacific Lutheran, Puget Sound, Whitman, Whitworth, and Willamette, along with Cal State-East Bay out of Hayward, Calif. The event will have four sessions – morning qualifying rounds, with evening championship and consolation finals.

BACK TO HER STOMPING GROUNDS: It will mark a homecoming for head coach **Mary Parsons**, who was an NAIA All-American in her collegiate days at Lewis & Clark. Last year, the Coyote skipper was inducted, along with her 1983 L&C women’s team, into the L&C Athletic Hall of Fame.

NATIONAL MARKS: NAIA “A” (Automatic) – **Casey Walker** (Caldwell, Idaho / Skyview HS) (100-back), Men’s Relay (200-medley), Women’s Relay (200-free, 200-medley); NAIA “B” (Bonus Cut) – **Lucas Hill** (Pendleton, Ore. / Pendleton HS) (500-free), **Nikolai Vidin** (Eastwood NSW, Australia / Epping HS) (50-free, 100-free), Walker (100-breast), **Annie Younggren** (La Grande, Ore. / La Grande HS) (200-free), **Chrissie Younggren** (La Grande, Ore. / La Grande HS) (100-back, 200-IM).

FOR MORE INFORMATION: For more information on The C of I swim program, head to the official homepage of the Coyotes, www.collegeofidaho.edu/athlete/swim.asp.