Learning Support Seminars

Need some additional help navigating the ins and outs of college success? Come to the following topical seminars, located in the conference room at the back of Hendren (Admissions Building) near the Student Affairs offices.

If you cannot make a session but want to set up a one-on-one meeting, please email myadlin@collegeofidaho.edu

Schedule: We’ll meet from approx. 12:20-1:10. Bring your lunch and come join us for as much as you can- don’t worry about coming in late or having to leave early to get to class.

September 8 - College vs. High School
September 10 - Time Management and Prioritization
September 15 - Memory Skills
September 17 - Note and Test Taking
September 22 - Learning Styles
September 24 - Communication

September 29 - College vs. High School
October 1 - Time Management and Prioritization
October 6 - Memory Skills
October 8 - Note and Test Taking
October 13 - Learning Styles
October 15 - Communication

College versus High School
Did you breeze through high school? Struggle every day? How will your college experiences differ from your high school ones? We’ll talk about how professor expectations, class load, homework, studying, social event, and more differ between high school and the College of Idaho.

Time Management and Prioritization
Feeling overwhelmed with everything you have to do? We’ll talk about how to manage your time and look at strategies for organizing and prioritizing everything you have to do academically, co-curricularly, athletically, and socially. We’ll also look at what distracts us most and how to avoid putting things off until the last minute.

Memory Skills
How do we remember things? How do we remember them well enough to use on a test, midterm or final? We’ll cover a variety of memory skill strategies to not only help ingrain material and information in our long-term memory but also how to recall that information while in class or when taking an exam.

Taking Notes and Taking Tests
Learn a multitude of strategies that will help you take notes in class and while you’re doing assigned readings and individual studying. We’ll also cover how these notes will help you prepare for tests and what kind of strategies you need to be aware of for completing various forms of assessments you will see across the disciplines.

Learning Styles
Do you know how you learn? Are you a visual, aural, kinesthetic, verbal, or logical learner? How will knowing your learning style help you succeed? We’ll breakdown and identify the different types of learning styles, look at strategies that will help you succeed in classes and discuss how to adapt to your professors’ learning styles.

Communication
Communication can be difficult, confusing, and open to misinterpretation. We will cover all types of communication and how to convey your thoughts through homework, tests, papers, class discussions, and meetings with professors. We’ll focus on technical aspects of writing for in and out of class papers and assignments and also how to properly get your point across when sitting face-to-face with a classmate or a professor.