Co-Curricular Opportunities at C of I and Common Skills and Traits Developed Through Participation

Greek Life/Clubs	Student Government	Athletics	Outdoor Program/ Intramurals	Off-Campus Study	Internships/ Campus Employment/ Volunteerism
 Communication Listening Delegation Relationships Conflict resolution Collaboration Leadership Networking Self-confidence Accepts responsibility Facilitation Event management Budgeting 	 Communication Listening Delegation Relationships Conflict resolution Collaboration Leadership Networking Self-confidence Accepts responsibility Ethical Organized Event management 	 Communication Hardworking Team-oriented Relationships Assertive Competitive Works under pressure Positive attitude Dedication Confident Motivated Quick-witted Collaboration Persistent 	 Communication Hardworking Team-oriented Relationships Competitive Positive attitude Confident Motivated Collaboration Event planning Decision-making Risk-management Grit Conflict resolution Resiliency 	 Communication Listening Self-awareness Assertiveness Grit Motivated Observation Diversity awareness Self-confidence Adaptable Organized Presentation skills Language skills Resilient 	 Communication Listening Decision making Attention to detail Customer service Positive Attitude Problem solving Collaboration Leadership Reliable Persistent Organized Accepts responsibility Honest

Examples of Duties and Experiences that Help Develop Desired Skills

Greek Life/Clubs	Student Government	Athletics	Outdoor Program/ Intramurals	Off-Campus Study	Internships/ Campus Employment/ Volunteerism
 Facilitate group meetings Plan and manage events Design and manage a budget Recruit members Communicate with campus and local community members Market events Design materials Write proposals Attend leadership conferences and trainings Work with various philanthropic organizations 	 Organize and run meetings Plan events Manage a budget Recruit members Communicate with campus and local community members Market events Design materials Write proposals Present to various groups Interpret rules and regulations Compose professional correspondence Weigh in on judicial infractions 	 Be held accountable for training and conditioning and performance Represent campus at community events Effectively balance academic responsibilities with athletic obligations Take direction and coaching Lead teammates Motivate and inspire peers to achieve an objective 	 Coordination of group events Support a cause or affiliation Negotiate within a group for desired outcome Navigating and organizing around various schedules Recruiting players for a common purpose. Self- and groupawareness Market and recruit for programs Lead groups and manage risk for outings 	 Travel independently Figure out foreign transportation systems Adapt to cultural protocols Respect of differences by exposure to diversity Develop language/enhance skills Exposure to different learning theory and teaching methodologies through different classroom experiences Self-awareness Social outreach to initiate relationships 	 Volunteer for new tasks and project participation Take direction from host Be responsible for attendance and behavior Independently take lead on project Professionally represent host business or organization Work as part of a team and collaborate with others Learn how to apply theory and classroom learning Learn how compose professional communications Manage responsibilities with academic and campus commitments