

Suggested Equipment List for Overnight Trips to Winter Huts and Yurts

The following equipment is a guide to help you prepare for a hut tour. More items are listed than you will actually need to give you an idea of some the equipment possibilities. Remember, always be prepared to spend the night out if for some reason you don't make it to the hut.

Dressing in layers is the best choice for outdoor activities. As you get warm you can take off layers, and as you cool down during breaks, you can put them back on. The term synthetics on the clothing lists, below, refers to materials such as pile, capilene, synchilla, lycra or polypropylene. Feel free to make copies of this list and pass it on to all members of the party.

Clothing--Inner Layer

- Long Underwear Top and Bottoms
(wool or synthetics such as polypropylene, etc)
- Inner Socks (wool or synthetics)
- Liner Gloves

Clothing--Insulating Layer

- Pile Jacket or Down Jacket
- Wool Shirt
- Wool Sweater
- Turtleneck
- Wool, Synthetic or Pile Pants
- Wool Socks
- Wool Stocking Hat
- Mittens (wool or pile)

Clothing--Protective Layer

- Wind Shirt or Nylon Shell Parka with hood
- Wind Pants
- Over Mittens
- Gaiters

Items for everyone--place in your pocket in case you become separated from your pack

- Matches (with striker in waterproof container) Be sure to use "[strike-anywhere](#)" matches.
- Knife
- Fire starter (check at sporting stores for commercially available fire starter- foil packages or the form of fire sticks work well)

Kitchen

- Depending upon the type of stove and lantern at the hut, take either a fuel bottle with Coleman fuel (1 quart for each night's stay) OR Propane Fuel
- Cup & Plate
- Silverware
- Food for the trip
- Water Bottle and Water

Repair Kit

- Sewing Needle & Thread (or Dental Floss)
- Duct Tape
- Epoxy
- Small Pliers or Vice Grips
- Screw Driver to Fit Ski Binding Screws
- Extra Screws to Fit Ski Binding
- Extra Bail for Binding (if bales are removable)
- Bailing Wire for General Repairs
- Extra Basket for Ski Poles
- (Also handy in the repair kit is a set of lantern mantles in case those in the hut lantern are broken. A small can of sewing machine oil is also useful for oiling the pump gasket in the Coleman stove and lantern.)

Other Items

- Pack
- Skis & Ski Poles OR Snowshoes
- Sleeping Bag
- Sleeping Pad
- Waterproof Ground Cloth & Nylon Cord
- Topographic Map(s) of the area
- Sunglasses and/or Goggles
- Sun Block
- Headlight or Flashlight (spare batteries and bulb)
- Compass
- Shovel
- Watch
- Personals (Toiletries, Glasses/contacts, etc.)
- Toilet Paper
- Candle
- Water Bottle
- Notebook, Pencil, Reading Material

First Aid Kit

A suggested list of items to carry includes: two gauze rolls (2" wide), moleskin for blisters, chapsick, sun screen, two triangular bandages, six sterile pads (4" x 4"), anti-acid tablets, Ace

bandage, Band-aids, butterfly closures, safety pins, aspirin (or other drugs), two-inch first aid tape, first aid book, personal medications. Also see [Lightweight First Aid Kit](#).

Wax Kit / Skins / Avalanche Safety

- Waxes-- A selection of waxes should be carried if you have waxable skis.
- Climbing Skins (If needed)
- Avalanche Transceivers and shovels for each party member (If avalanche country)