MORE Involvement Map

*List all participation and leadership roles you engage in through organizations, academics, activities, and service throughout your C of I experience.*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Meaningful**  Significant, relevant, important, consequential, worthwhile | **Occupational**  Job-related, work, professional, vocational, career | **Recreational**  Leisure, relaxation, fun, entertainment, sport | **Experiential**  Observational, experimental, demonstrable, verifiable |
| **First Year**  **20 \_\_\_ -**  **20 \_\_\_** |  |  |  |  |
| **Sophomore Year**  **20 \_\_\_ -**  **20 \_\_\_** |  |  |  |  |
| **Junior Year**  **20 \_\_\_ -**  **20 \_\_\_** |  |  |  |  |
| **Senior Year**  **20 \_\_\_ -**  **20 \_\_\_** |  |  |  |  |

**MORE Involvement**

**Please reflect on the following prompts as you consider the meaning of your involvement at The College of Idaho.**

**What draws you to get involved with an organization?**

**What keeps you involved with an organization?**

**What is your involvement story at The College of Idaho? Have your roles and/or participation in organizations changed over time?**

**What skills and experiences have you gained though the development of your involvement? Do these skills be apply to your deeper understanding of academic coursework or professional interests?**

**What skills or values do leadership positions within your involvement interests require ensuring success?**

**Do you see a connection of potential future opportunities between your involvement interests and professional pursuits?**

**What is the value of being an active participant versus a designated leader in an organization?**

**What is the impact on a community where student involvement includes supporting other organizations and events?**

**Did your involvement in an organization ever push you beyond a comfortable level, and if so, how did it affect your experience?**